St. Mark's Episcopal Church, Berkeley, Calif.

The Tenth Sunday after Pentecost (Proper 13); Year B August 1st, 2021; 10:00 a.m.

Welcome to St. Mark's!

This summer at St. Mark's we are in a "soft reopening" phase, after the Coronavirus pandemic. We're so glad to welcome everyone into this sacred space, for the first time since March, 2020! The service remains in a "pared-down" state for the moment, as we adjust to the remaining COVID-safety requirements. Please wear your mask throughout the service, removing it only to make your communions (communion will be administered in one kind only, standing, at the head of the center aisle; once you have received the Host, move to one of the communion stations at the head of either side aisle to remove your mask and consume the Host). All clergy and other worship leaders have been fully vaccinated. If you are worshiping with us by livestream, a very warm welcome to you as well—please be patient with us as we work out the kinks entailed in the new camera position. These summer weeks will be an adjustment for us all, but by God's grace and your goodwill, we will celebrate this return to public worship with all joy and thanksgiving.

Music in Preparation for Liturgy

Prelude in A Minor, BWV 543

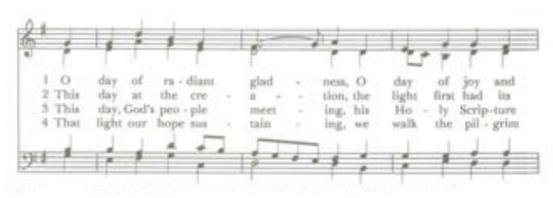
Johann Sebastian Bach (1685-1750)

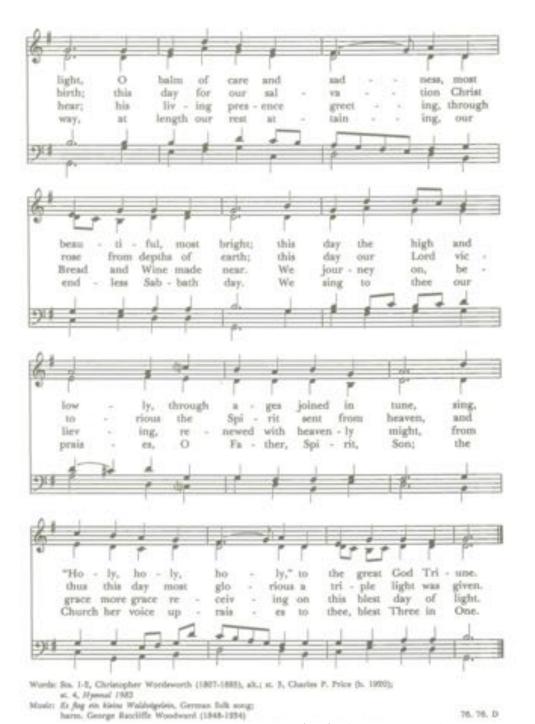
THE HOLY EUCHARIST

Setting: A New English Folk Mass by The Rev'd George B. Timms (1910-1997) and E.H. Warrell (1915-2010)

Entrance Rite

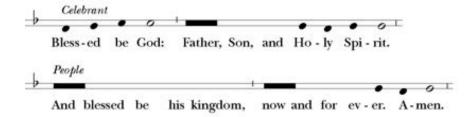
Entrance Hymn 48





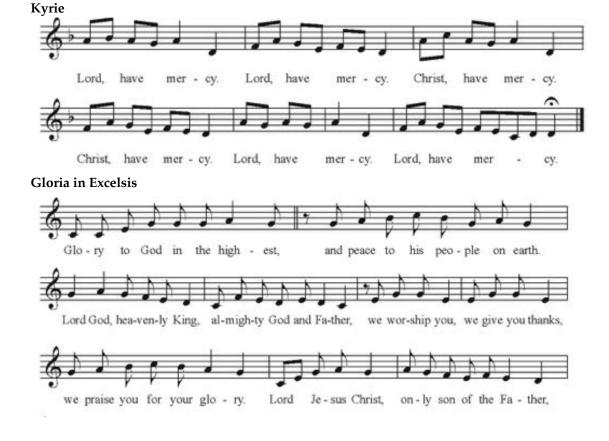
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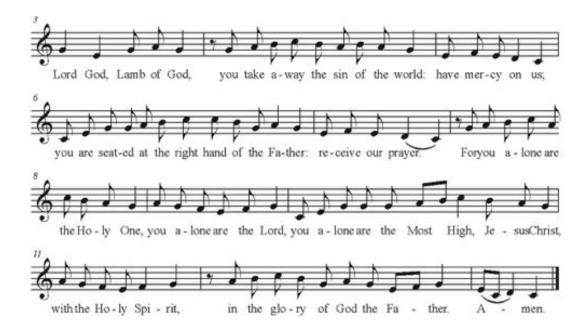
Opening Acclamation



The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**





The Collect of the Day

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen*.

THE WORD OF GOD

First Lesson Exodus 16:2-4, 9-15

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger." Then the Lord said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not." Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the Lord, for he has heard your complaining." And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God." In the evening quails came up and

covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the Lord has given you to eat."

Psalm 78:23-29

- 23 So he commanded the clouds above * and opened the doors of heaven.
- 24 He rained down manna upon them to eat * and gave them grain from heaven.
- 25 So mortals ate the bread of angels; * he provided for them food enough.
- 26 He caused the east wind to blow in the heavens * and led out the south wind by his might.
- 27 He rained down flesh upon them like dust * and winged birds like the sand of the sea.
- 28 He let it fall in the midst of their camp * and round about their dwellings.
- 29 So they ate and were well filled, * for he gave them what they craved.

Second Lesson Ephesians 4:1-16

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." (When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Sequence Hymn 221



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The Holy Gospel John 6:24-35

¶The Gospeller introduces the Gospel and the people respond with "Glory to you, Lord Christ"

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for

eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

"The Gospeller concludes the Gospel and the people respond with "Praise to you, Lord Christ"

The Sermon

The Rev'd Blake Sawicky

Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshiped and glorified,

who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

Leader:	I ask your prayers for God's people thought the world; for our Bishop, Marc; for this gathering; and for all ministers and people. Pray for the Church.
	Silence
Leader:	I ask your prayers for peace; for goodwill among nations; and for the well-being call people. Pray for justice and peace.
	Silence
Leader:	I ask your prayers for children everywhere and their parents; and especially for the new arrivals in our own community. Pray for the next generation.
	Silence
Leader:	I ask your prayers for the poor, the sick the hungry, the oppressed, and those in prison, especially Pray for those in any need or trouble.
	Silence
Leader:	I ask your prayers for the departed, especially Pray for those who have died.
	Silence
Leader:	Praise God for the saints in every generation in whom Christ has been honored. Pray that we may have grace to glorify Christ in our own day.
	Silence
Leader: Let	us pray for our own needs and those of others.
	The People are invited to offer their own petitions]
	Silence

¶The Celebrant will add a concluding Collect, and the congregation responds with "Amen".

Celebrant: Let us confess our sins against God and our neighbor.

¶There is silence for a time, then:

People: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

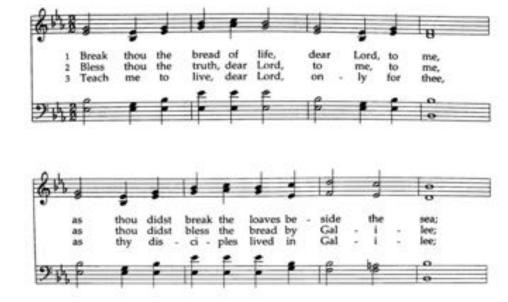
The Peace

Celebrant: The peace of the Lord be always with you.

People: And also with you.

THE HOLY COMMUNION

Offertory Hymn: Voices Found 73





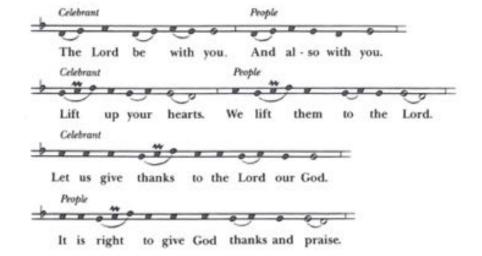
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The Great Thanksgiving

Eucharistic Prayer A

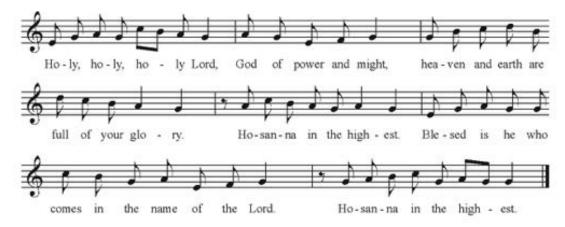
BCP, p. 361

Sursum Corda S-120



Celebrant: [...] joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus



Celebrant: [...] Therefore we proclaim the mystery of faith: People:



The Celebrant continues [...] through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



The Lord's Prayer S-119

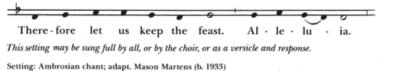


The Breaking of the Bread

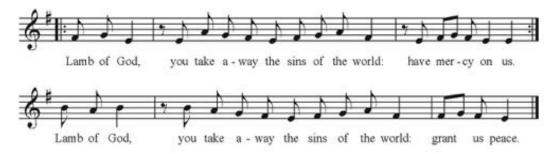
Fraction Anthem



People:



Agnus Dei



Celebrant: Behold the Lamb of God, behold him who takes away the sins of the world.

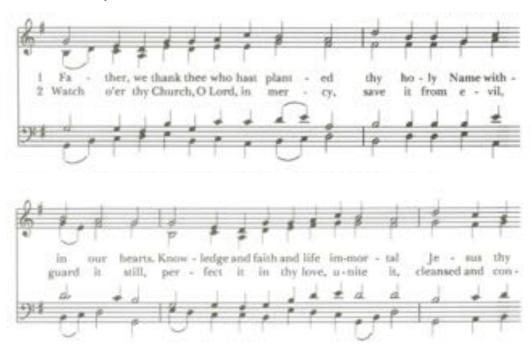
All: Lord, I am not worthy that you should come under my roof. But speak the word only, and my soul shall be healed.

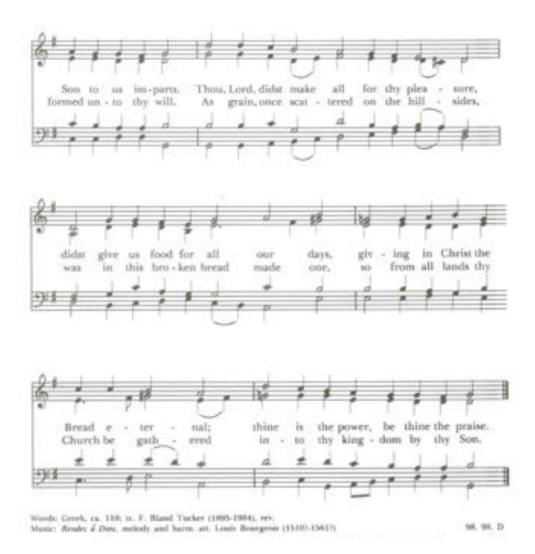
Communion Music

Herr Jesu Christ, dich zu uns wend BWV 655

Bach

Communion Hymn 302





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Post-Communion Prayer

All: Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son,

and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

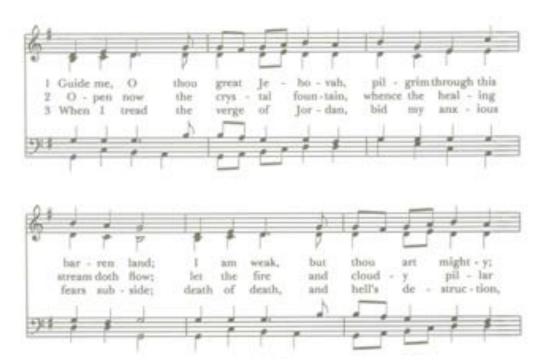
Blessing

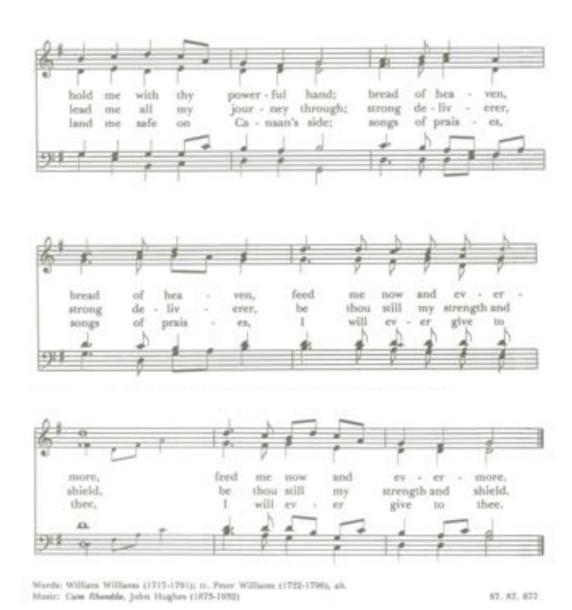
¶The Celebrant blesses the people.

The Dismissal

¶People respond with "Thanks be to God."

Closing Hymn 690





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Postlude

Fugue in A Minor, BWV 543

Bach

Join us after the service for a virtual coffee hour. https://us02web.zoom.us/j/81224534904?pwd=NXZJQ3laam16OEExaWlLWkpIRVZSdz09

Meeting ID: 812 2453 4904 / Passcode: 468701 / One tap mobile: +14086380968



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Serving This Week

Celebrant & Preacher | The Rev'd Blake Sawicky *Organist* Dominic Pang *Verger* | Kim Novak Lectors | Walter Hauck, Christiana Macfarlane **Bidder** | Judith Berling Coffee Hour Hosts | Sandy & Christiana Macfarlane

Staff & Parish Contact Information

Rector	The Rev'd Blake Sawicky– priest@stmarksberkeley.org
	George Anton Emblom – music@stmarksberkeley.org
Parish Administrator	Agustin Maes – <u>office@stmarksberkeley.org</u>
Childcare Coordinator	Shelby Johnson – childcare@stmarksberkeley.org
Sexton	Joel Contreras
Phone	510.848.5107
Website	www.stmarksberkeley.org

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To send a general message to the vestry you can email: vestry@stmarksberkeley.org

St. Mark's Parish Prayer List

In our Parish: The Wardens and Vestry of the parish, including the Clerk & Treasurer

Anglican Cycle of Prayer: Church of the Province of South East Asia

We pray for peace and justice in the world:

- For an end to all prejudice and wrongful discrimination.
- For Earth; for the wisdom and commitment to care for it through our practices.
- For the people serving in the U.S. Armed Forces, domestically and throughout the world.
- For those who find themselves homeless, hungry, and without proper resources.
- For refugees everywhere.

We pray for those with illness or with other needs:

The play for those with mine	os or with other needs.	
• Bill Anderson	• Everett Kinney	• Barbara Renton
• Barbara Borsch	• Gus Koerber	 Cynthia Reynolds
• Cain family	• Corrie Lassen	• Caroline Rone
 Roberta Cleveland 	• Geoff Logan	• Lisa Rowe
• Iris Commins	• Ben Lesser	 Virginia Ruff
 Geoffrey Cook 	• Neil McGraw	 Kimberly Steil
 Michael Cook 	• Tim Main	 Doris Strakosch
 Emily Crowley 	• Karin Milliman	 Drew and Lydia Tweedale
 Nancy Ditzler 	• Bob Mills	• Teresa Vosper
• Tristan Donato	• Chris, Alice, Ethan & Hailey Moore	• Alice Vest
• Wren Donato	• Judy Moore	 Wayne Weng
• The Rev'd Michael Dresbach	• Curtis Morgan	• Louis Weil
• Dale Evans	• Virginia Muller	 Diane Whiteside
• Elizabeth Falk	• Jean O'Meara	 Wilkinson Family
 Ronald Greene 	• Rob Ooghe	• Jamey Williams
 Martha Greenough 	• Jim Pehling	 Michael Willmore
Haverty family	• Peter Piccione	 Karen Wilson
Holly Herr	• Emeline Pineda	 Wendy Wisely
• Edith Ho	• Lynn Poland	• Fran Youtzy
• Diana Hilliard	• Lesa Day Reed	 Jose and Kim
 Andrew Howarth 	-	• Barbara

We give thanks for the births of Samuel Anderson Caruthers and Bennett Eliot Caruthers

• Laird

We pray for those awaiting or recovering from surgery:

•Michael Starkman •Mark Harville

We pray for those who have died:

• Leonard Johnson

• Frank Paine •Robert Sullivan

PARISH ANNOUNCEMENTS

New to St. Mark's? Thank you for worshipping with us today. We would love to hear from you. If you have questions, you can contact us at connect@stmarksberkeley.org. If you would like to receive our weekly newsletter and updates, sign up online: St. Mark's Newsletter Sign Up.

To <u>add a name</u>, <u>change a listing</u>, or <u>share a date of importance</u> on the parish prayer list, please email the Parish Administrator directly at office@stmarksberkeley.org. Be sure to specify which list best suits the need. Please be mindful that this list is meant specifically for parish prayers.

Public Office Hours - At the time we would normally be in the chapel for the weekday masses—12pm on Wednesdays and Fridays—Fr. Hiller and Fr. Blake will host an hour's worth of "public office hours" for conversation about prayer, faith, or anything else on your minds. Following our pattern, Fr. Hiller will take Friday and Fr. Blake will take Wednesday. Check the Lion for links.

InAsMuch Offering for August—The Suitcase Clinic

Coordinated by the Social Justice Committee, St. Mark's sponsors a monthly InAsMuch offering named after Jesus' appeal in the Gospel of Matthew to feed the hungry, give drink to the thirsty, welcome the stranger, clothe the naked, care for the sick, and visit those in prison: "In as much as you have done it into one of the least of these . . . you have done it unto me".

Last month St. Mark's raised funds for the UC Berkeley Food Pantry. For a full list of the ministries scheduled this year, please see the 2021 calendar published in *The Lion*.

This month we dedicate our offering to **The Suitcase Clinic**, founded twenty years ago by students from the UCB-UCSF Joint Medical Program and the UC Berkeley School of Public Health with the desire to address the urgent needs of Berkeley's homeless and low-income population. Currently the clinic operates three multi-service drop-in centers: a general clinic, a clinic for woman, and another clinic for youth. The mission of The Suitcase Clinic is to promote the health and overall wellbeing of underserved people through direct services, educational programs, and collective action among professionals, volunteers, students, and neighbors. For more information about The Suitcase Clinic, see www.suitcaseclinic.org.

To donate to the August appeal for the Suitcase Clinic, please place a check made out to St. Mark's Episcopal Church (with Suitcase Clinic on the memo line) in the offering plate on Sundays or mail it to the Parish Office at 2300 Bancroft Way, Berkeley, CA, 94704. You may also contribute on line using the parish website https://stmarksberkeley.org/donate/. Thank you for your generosity! *The Social Justice Committee of St. Mark's*.

We thank **Dominic Pang** for playing the organ this morning. Dominic studied piano with William Wellborn in San Francisco for seven years, and organ and composition for four years with Angela Kraft Cross. Dominic is continuing his organ studies with George Emblom while pursuing a degree in Integrative Biology and a minor in Music at UC Berkeley. Dominic performed his debut organ solo recital at the Congregational Church of San Mateo in November 2015, with subsequent solo recitals at St. Paul's Episcopal Church in Salinas; Mission Dolores; St. Mary's Cathedral in San Francisco; and St. Stephen's Episcopal Church in Belvedere, California. Dominic achieved the Service Playing Certificate from the American Guild of Organists. He has been substituting as an organist and special guest organist at several Peninsula and San Jose churches, as well as at the Members' Recital of the Peninsula Chapter of the American Guild of Organists. Dominic looks forward to being part of the parish life at St. Mark's.

Weekly Meditation sessions are via Zoom on Tuesdays at 7:00 pm. - We will start by listening to a short teaching related to the meditation process and then we will meditate for 20 - 25 minutes. There will be an opportunity for questions and/or discussion, and the evening will end with Compline. These sessions will be suitable for long-time meditators as well as those who have been thinking about starting a meditation practice. Questions - contact <u>b koerber@comcast.net.https://us02web.zoom.us/j/89607974966?pwd=a1F1K1lOQVZTUit3SCtvZ2UzaHpOUT09</u> Meeting ID: 896 0797 4966 / Passcode: 6043 / One tap mobile: +16699009128

Week at St. Mark's

<u>Sunday, 1 August</u> Tenth Sunday after Pentecost — John 6:24-35						
8:00 a.m.	Holy Eucharist	Chapel				
10:00 a.m.	Holy Eucharist	Nave & Livestream				
11:00 a.m.	Coffee Hour	Zoom				
Monday, 2 August						
4:00 p.m.	Suitcase Clinic	Parish Hall				
7:00 p.m.	Luke Bible Study	Zoom				
<u>Tuesday, 3 August</u>						
5:30 p.m.	Regathering Committee	Zoom				
7:00 p.m.	Meditation and Compline	Zoom				
Wednesday, 4 August						
12:00 p.m.	Office Hours with Fr. Blake	Zoom				
7:00 p.m.	Choir Gathering	Zoom				
Thursday, 5 August						
6:00 p.m.	Vestry Happy Hour	Zoom				
Friday, 6 August The Transfiguration						
12:00 p.m.	Office Hours with Fr. Hiller	Zoom				
<u>Sunday, 8 August</u> Eleventh Sunday after Pentecost — John 6:35, 41-51						
8:00 a.m.	Holy Eucharist	Chapel				
<u> </u>	Holy Eucharist	Nave & Livestream				
11:00 a.m.	Coffee Hour	Zoom				