

Welcome to St. Mark's!

On these summer Sundays when many are traveling, church is quieter than usual, and life's rhythms slow down a little, you can be sure that God is just as ready to be found in the quiet as in the noise, and that the Holy Spirit continues to hold the world together in love. As you worship here today, my prayer is that you would find rest for your heart, and that Christ would raise you to a clearer vision of his kingdom both on earth and in heaven.

Music in preparation for worship

THE HOLY EUCHARIST
Entrance Rite

Entrance Hymn 435



1 At the Name of Je - sus ev - ery knee shall bow,
 2 Hum - bled for a sea - son, to re - ceive a Name
 3 bore it up tri - um - phant, with its hu - man light,
 4 Name him, Chris - tians, name him, with love strong as death,
 *5 In your hearts en - throne him; there let him sub - due
 *6 Chris - tians, this Lord Je - sus shall re - turn a - gain,



1 ev - ery tongue con - fess him King of glo - ry now;
 2 from the lips of sin - ners, un - to whom he came,
 3 through all ranks of crea - tures, to the cen - tral height,
 4 name with awe and won - der and with bat - ed breath;
 5 all that is not ho - ly, all that is not true;
 6 with his Fa - ther's glo - ry o'er the earth to reign;



1 'tis the Fa - ther's plea - sure we should call him Lord
 2 faith - ful - ly he bore it spot - less to the last,
 3 to the throne of God - head, to the Fa - ther's breast;
 4 he is God the Sa - vior, he is Christ the Lord,
 5 crown him as your Cap - tain in temp - ta - tion's hour;
 6 for all wreaths of em - pire meet up - on his brow,



1 who from the be - gin - ning was the might - y Word.
 2 brought it back vic - to - rious, when from death he passed;
 3 filled it with the glo - ry of that per - fect rest.
 4 ev - er to be wor - shiped, trust - ed, and a - dored.
 5 let his will en - fold you in its light and power.
 6 and our hearts con - fess him King of glo - ry now.

Words: Caroline Maria Noel (1817-1877), alt.

Music: *King's Weston*, Ralph Vaughan Williams (1872-1958) Copyright © by permission of Oxford University Press. All rights reserved. Used with permission.

The Opening Acclamation

Celebrant



Bless-ed be God: Father, Son, and Ho - ly Spi - rit.

People



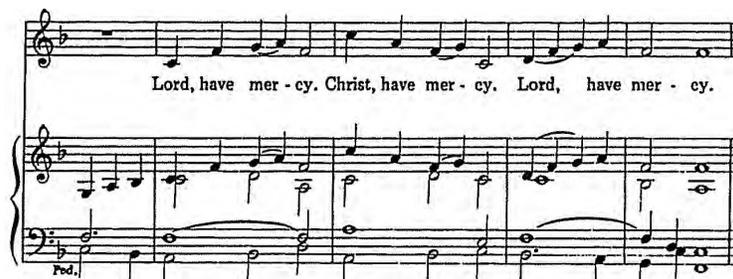
And blessed be God's kingdom, now and for ev - er. A - men.

The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Kyrie eleison

Robert Powell (b. 1932)



Lord, have mer - cy. Christ, have mer - cy. Lord, have mer - cy.

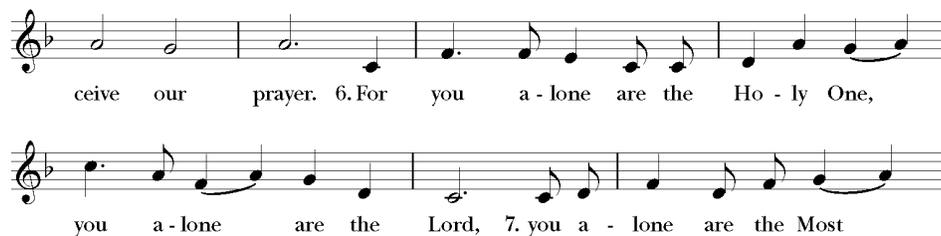
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Gloria in excelsis S-280

Powell



1. Glo - ry to God in the high - est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly
King, al - might - y God and Fa - ther, we wor - ship you, we
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
take a - way the sin of the world: have mer - cy
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -



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The Collect of the Day

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Word of God

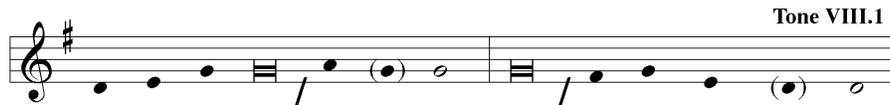
1 Kings 19:9-18

First Lesson

At Horeb, the mount of God, Elijah came to a cave, and spent the night there. Then the word of the Lord came to him, saying, "What are you doing here, Elijah?" He answered, "I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away." He said, "Go out and stand on the mountain before the Lord, for the Lord is about to pass by." Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind; and after the wind an earthquake, but the Lord was not in the earthquake; and after the earthquake a fire, but the Lord was not in the fire; and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, "What are you doing here, Elijah?" He answered, "I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away." Then the Lord said to him, "Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram. Also you shall anoint Jehu son of Nimshi as king over Israel; and you shall anoint Elisha son of Shaphat of Abel-meholah as prophet in your place. Whoever escapes from the sword of Hazael, Jehu shall kill; and whoever escapes from the sword of Jehu, Elisha shall kill. Yet I will leave seven thousand in Israel, all the knees that have not bowed to Baal, and every mouth that has not kissed him."

Psalms 85:8-13

Benedixisti, Domine



- 8 I will listen to what the LORD God is/saying,*
for he is speaking peace to his faithful people and to
those who/turn their hearts to him.
- 9 Truly, his salvation is very near to those who/fear him,*
that his glory may/dwell in our land.
- 10 Mercy and truth have met to/gether;*
righteousness and peace have/kissed each other.
- 11 Truth shall spring up from the / earth,*
and righteousness shall look /down from heaven.
- 12 The LORD will indeed grant pros/perity,*
and our land will/yield its increase.
- 13 Righteousness shall go be/fore him,*
and peace shall be a/pathway for his feet.

Second Lesson

Romans 10:5-15

Moses writes concerning the righteousness that comes from the law, that "the person who does these things will live by them." But the righteousness that comes from faith says, "Do not say in your heart, 'Who will ascend into heaven?'" (that is, to bring Christ down) "or 'Who will descend into the abyss?'" (that is, to bring Christ up from the dead). But what does it say? "The word is near you, on your lips and in your heart" (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, "Everyone who calls on the name of the Lord shall be saved." But how are they to call on one in whom they have not believed? And how are they to believe

in one of whom they have never heard? And how are they to hear without someone to proclaim him? And how are they to proclaim him unless they are sent? As it is written, "How beautiful are the feet of those who bring good news!"

Sequence Hymn from *Lift Every Voice and Sing* 80

1. Je - sus, Sav - ior, pi - lot me, O - ver life's tem -
 2. As a moth - er stills her child, Thou canst hush the
 3. When at last I near the shore, And the fear - ful

1. pes - tuous sea: Un - known waves be - fore me roll,
 2. o - cean wild; Bois - t'rous waves o - bey thy will
 3. break - ers roar 'Twixt me and the peace - ful rest

1. Hid - ing rocks and treach - 'rous shoal; Chart and com - pass
 2. When thou say'st to them, "Be still!" Won - drous Sov - 'reign
 3. Then, while lean - ing on thy breast, May I hear thee

1. come from thee, Je - sus, Sav - ior, pi - lot me!
 2. of the sea, Je - sus, Sav - ior, pi - lot me!
 3. say to me, "Fear not - I will pi - lot thee!"

Words: Edward Hopper (1816-1888)
 Music: John E. Gould (1822-1875)

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The Holy Gospel

Matthew 14:22-33

¶*The Gospeller introduces the Gospel and the people respond with "Glory to you, Lord Christ."*

Jesus made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking toward them on the sea. But when the disciples saw him walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out in fear. But immediately Jesus spoke to them and said, "Take heart, it is I; do not be afraid." Peter answered him, "Lord, if it is you, command me to come to you on the water." He said, "Come." So Peter got out of the boat, started walking on the water, and came toward Jesus. But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, "Lord, save me!" Jesus immediately reached out his hand and caught him,

saying to him, "You of little faith, why did you doubt?" When they got into the boat, the wind ceased. And those in the boat worshiped him, saying, "Truly you are the Son of God."

¶*The Gospeller concludes the Gospel and the people respond with "Praise to you, Lord Christ."*

The Sermon

The Rev'd Blake Sawicky

The Nicene Creed

All: We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Prayers of the People

In the course of the silence after each bidding, the People offer their own prayers, either silently or aloud.

Leader: I ask your prayers for God's people throughout the world; for our Bishop(s) _____; for this gathering; and for all ministers and people.
Pray for the Church.

Silence

Leader: I ask your prayers for peace; for goodwill among nations; and for the well-being of all people.
Pray for justice and peace.

Silence

Leader: I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison.
Pray for those in any need or trouble.

Silence

Leader: I ask your prayers for all who seek God, or a deeper knowledge of him.
Pray that they may find and be found by him.

Silence

Leader: I ask your prayers for the departed [especially _____].
Pray for those who have died.

Silence

Leader: *[The People are invited to offer their own petitions]*

Silence

Leader: Praise God for those in every generation in whom Christ has been honored [especially _____ whom we remember today].
Pray that we may have grace to glorify Christ in our own day.

Silence

¶The Celebrant will add a concluding Collect, and the congregation responds with "Amen".

Confession of Sin

Celebrant: Let us confess our sins against God and our neighbor.

¶There is silence for a time, then:

People: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

The Peace

Celebrant: The peace of the Lord be always with you.

People: And also with you.

The Holy Communion

Offertory Hymn 699

1 Je - sus, Lov - er of my soul, let me to thy bos - om
2 O - ther ref - uge have I none, hangs my help - less soul on
3 Plen-teous grace with thee is found, grace to cleanse from ev - ery

fly, while the near - er wa - ters roll, while the tem - pest
thee; leave, ah! leave me not a - lone, still sup - port and
sin; let the heal - ing streams a - bound, make and keep me

still is high: hide me, O my Sa - vior, hide,
com - fort me! All my trust on thee is stayed;
pure with - in. Thou of life the foun - tain art,

till the storm of life be past; safe in - to the
all my help from thee I bring; cov - er my de -
free - ly let me take of thee: spring thou up with -

ha - ven guide, O re - ceive my soul at last.
fense - less head with the sha - dow of thy wing.
in my heart, rise to all e - ter - ni - ty.

Words: Charles Wesley (1707-1788), alt. Music: *Aberystwyth*, Joseph Parry (1841-1903)

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The Great Thanksgiving

Eucharistic Prayer A

BCP, p. 361

Sursum Corda S-120

Celebrant *People*
The Lord be with you. And al - so with you.

Celebrant *People*
Lift up your hearts. We lift them to the Lord.

Celebrant
Let us give thanks to the Lord our God.

People
It is right to give God thanks and praise.

Celebrant: [...] Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus S-129

Powell

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and
might, hea - ven and earth are full of your glo - ry. Ho -
san - na in the high - est. Bless - ed is he who
comes in the name of the Lord. Ho - san - na in the high - est.

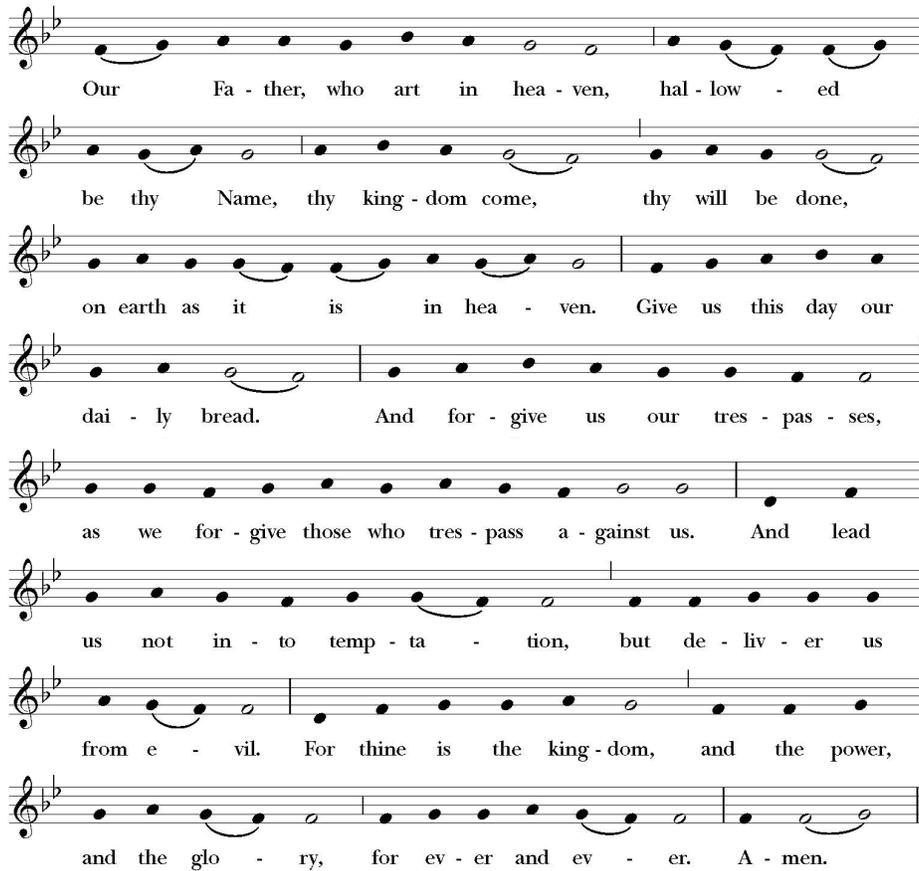
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Celebrant: [...] Therefore we proclaim the mystery of faith:

People: Christ has died. Christ is risen. Christ will come again.

Celebrant: *continues* [...] through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

The Lord's Prayer S-119

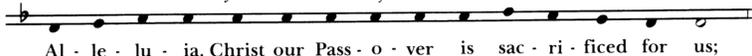


Our Fa - ther, who art in hea - ven, hal - low - ed
be thy Name, thy king - dom come, thy will be done,
on earth as it is in hea - ven. Give us this day our
dai - ly bread. And for - give us our tres - pas - ses,
as we for - give those who tres - pass a - gainst us. And lead
us not in - to temp - ta - tion, but de - liv - er us
from e - vil. For thine is the king - dom, and the power,
and the glo - ry, for ev - er and ev - er. A - men.

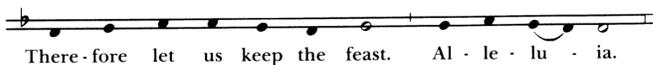
The Breaking of the Bread

Fraction Anthem

The Celebrant chants the first line, then all join in.



Al - le - lu - ia. Christ our Pass - o - ver is sac - ri - ficed for us;



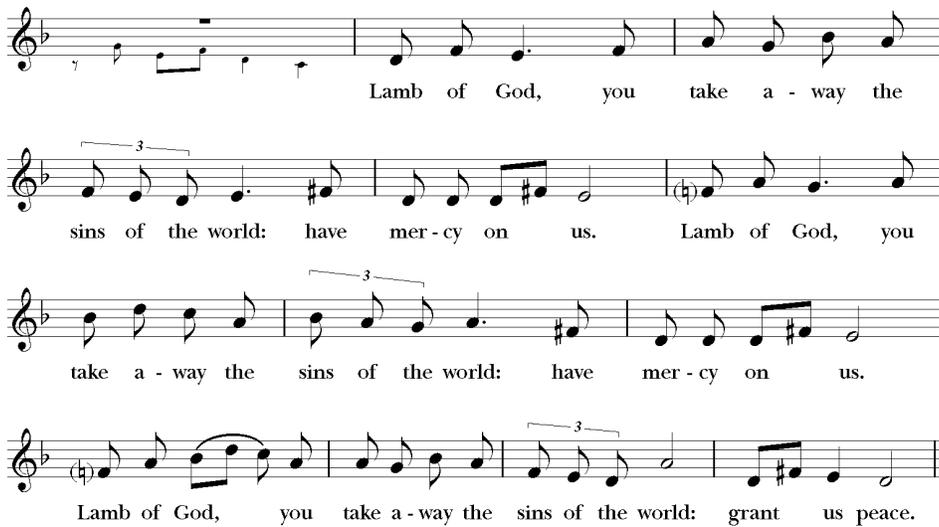
There - fore let us keep the feast. Al - le - lu - ia.

This setting may be sung full by all, or by the choir, or as a versicle and response.

Setting: Ambrosian chant; adapt. Mason Martens (b. 1933)

Agnus Dei S-163

Powell



Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God, you
take a - way the sins of the world: have mer - cy on us.
Lamb of God, you take a - way the sins of the world: grant us peace.

Celebrant: Behold the Lamb of God, behold him who takes away the sins of the world.

All: **Lord, I am not worthy that you should come under my roof.
But speak the word only, and my soul shall be healed.**

A Form for Spiritual Communion

In times like these where it is imprudent or impossible for all to receive Holy Communion, it is still possible to make an act of spiritual communion. The following devotion can be made at any time when you are prevented from being present at the Eucharist, but we encourage you to use it during these weeks of live-streamed services especially, at the time while communion is being administered and the ablutions performed. This form comes from a book of devotion, "The Habit of Holiness," by Martin Warner.

Make an Act of Spiritual Communion to unite your intention with that of the whole Church:

Lord Jesus Christ,
saving Victim, Priest divine,
in union with the faithful at every altar of your Church
where your body and blood are offered to the Father,
I make an oblation of praise and thanksgiving.
I believe that you are truly present in the Eucharist.
To you I offer my soul, my body, and my life.
Come to my heart, embrace me with your love.
Conform my will to the pattern of your perfect obedience,
so that loving all that you love, I may never be separated from you,
but live to the glory of God. Amen.

Pray the Lord's Prayer:

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Meditate on the soul's mystical union with Christ; 14th c. poem, 'Anima Christi' is a good place to start:

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
Within thy wounds hide me.
Suffer me not to be separated from thee.
From the malicious enemy defend me.
In the hour of my death, call me
and bid me come to thee,
That with thy saints I may praise thee
For ever and ever.

Offer a prayer of thanksgiving; this is one by St. Richard of Chichester:

Thanks be to thee, my Lord Jesus Christ,
for all the benefits thou hast won for me,
for all the pains and insults thou hast borne for me.
O most merciful redeemer, friend and brother,
may I know thee more clearly, love thee more dearly,
and follow thee more nearly, day by day. Amen.

The Grace

+The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all, evermore. Amen.

Communion Hymn WLP 800

1. Pre - cious Lord, take my hand, lead me on, let me
 2. When my way grows drear, pre - cious Lord, lin - ger
 3. When the dark - ness ap - pears and the night draws

stand, I am tired, I am weak, I am worn;
 near, when my life is al - most gone;
 near, and the day is past and gone;

— through the storm, through the night, lead me on to the
 — hear my cry, hear my call, hold my hand, lest I
 — at the riv - er I stand, guide my feet, hold my

light, take my hand, pre - cious Lord, lead me on.
 fall, take my hand, pre - cious Lord, lead me on.
 hand, take my hand, pre - cious Lord, lead me on.

Words: Thomas A. Dorsey (1899-1993)
 Music: Thomas A. Dorsey; arr. Horace Clarence Boyer b. 1935)
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Post-Communion Prayer

All: Almighty and everliving God,
 we thank you for feeding us with the spiritual food
 of the most precious Body and Blood
 of your Son our Savior Jesus Christ;
 and for assuring us in these holy mysteries
 that we are living members of the Body of your Son,
 and heirs of your eternal kingdom.
 And now, Father, send us out to do the work you have given us to do,
 to love and serve you as faithful witnesses of Christ our Lord.
 To him, to you, and to the Holy Spirit,
 be honor and glory, now and for ever. Amen.

The Blessing

¶The Celebrant will bless the people.

The Dismissal

¶People respond with "Thanks be to God."

Closing Hymn 680

1 O God, our help in a - ges past, our hope for years to come,
2 un - der the sha - dow of thy throne thy saints have dwelt se - cure;
3 Be - fore the hills in or - der stood, or earth re - ceived her frame,
4 A thou - sand a - ges in thy sight are like an eve - ning gone;
5 Time, like an ev - er - roll - ing stream, bears all our years a - way;

1 our shel - ter from the storm - y blast, and our e - ter - nal home:
2 suf - fi - cient is thine arm a - lone, and our de - fense is sure.
3 from ev - er - last - ing thou art God, to end - less years the same.
4 short as the watch that ends the night be - fore the ris - ing sun.
5 they fly, for - got - ten, as a dream dies at the o - pen - ing day.

6 O God, our help in ages past,
our hope for years to come,

be thou our guide while life shall last,
and our eternal home.

Words: Isaac Watts (1674-1748), alt.; para. of Psalm 90:1-5
Music: *St. Anne*, melody att. William Croft (1678-1727), alt.; harm. William Henry Monk (1823-1889)

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Postlude

All are invited to join us for virtual coffee hour via Zoom.

<https://us02web.zoom.us/j/81224534904?pwd=NXZlQ3laam16OEExaWlWkpIRVZSdz09>

Dial in +1 669 900 9128
Meeting ID: 812 2453 4904
Password: 468701

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Staff

| | |
|---------------------------------------|--|
| <i>Rector</i> | The Rev'd Blake Sawicky – priest@stmarksberkeley.org |
| <i>Assisting Priests</i> | The Rev'd Michael Hiller, The Rev'd Louis Weil, The Rev'd Jim Stickney, The Rev'd Kenneth Schmidt |
| <i>Director of Music</i> | George Anton Emblom – music@stmarksberkeley.org |
| <i>Parish Administrator</i> | Toni Clark Murdock – office@stmarksberkeley.org |
| <i>Childcare Coordinator</i> | Shelby Johnson – childcare@stmarksberkeley.org |
| <i>UC Berkeley Episcopal Chaplain</i> | Tom Poynor – calcanterbury@gmail.com |
| <i>Sexton</i> | Joel Contreras |

Vestry

| | |
|-------------------|--|
| <i>Sr. Warden</i> | Lisa Key – seniorwarden@stmarksberkeley.org |
| <i>Jr. Warden</i> | Paul Porter – juniorwarden@stmarksberkeley.org |
| <i>Treasurer</i> | Bruce Alexander – treasurer@stmarksberkeley.org |
| <i>Clerk</i> | Nancy Evans Judith Berling, Fran Carlson, Iris Commins, Kathi Day, Joseph Lough, Nathan Oliver, Marcia Russell, Margo Strakosch, Anna Weidman, Kevin Zamzow-Pollock |

To send a general message to the vestry you can email: vestry@stmarksberkeley.org

Parish Office Contact Information

| | |
|----------------|--|
| <i>Email</i> | office@stmarksberkeley.org . |
| <i>Phone</i> | 510.848.5107 |
| <i>Website</i> | www.stmarksberkeley.org |

St. Mark's Parish Prayer List

In our Parish: Family Ministries—Childcare Coordinator, Family Ministries Committee, and Childcare Volunteers

Diocesan Cycle of Prayer: Transfiguration, San Mateo

Anglican Cycle of Prayer: The Most Reverend Laurent Mbanda—Archbishop l'Eglise Episcopal au Rwanda and Bishop of Shyira

We pray for peace and justice in the world:

- *For an end to all prejudice and wrongful discrimination.*
- *For Earth; for the wisdom and commitment to care for it through our practices.*
- *For the people serving in the U.S. Armed Forces, domestically and throughout the world.*
- *For those who find themselves homeless, hungry, and without proper resources.*
- *For refugees everywhere.*

We pray for those with illness or with other needs:

- | | | |
|------------------------------|---------------------------|---------------------|
| • Sean Aaberg | • Betty Key | • Cindy Pierce |
| • Bill Anderson | • Barbara Renton | • Lesa Day Reed |
| • Christy Blessing | • Everett Kinney | • Cynthia Reynolds |
| • Barbara Borsch | • Anthony (Sandy) Knettel | • Eileen Rice |
| • Brian Brende | • Gus Koerber | • Caroline Rone |
| • Joanne Buckley | • Corrie Lassen | • Lisa Rowe |
| • Cain family | • Ben Lesser | • Sara Sporer |
| • Berny Cabral | • Louise Lindsay | • Raymond Strakosch |
| • Geoff Chin | • Joan Ludlam | • Janet Strothman |
| • Roberta Cleveland | • Tim Main | • Teresa Vosper |
| • Geoffrey Cook | • Bob Mills | • Alice Vest |
| • Michael Cook | • Rita Minjares | • Jane Weidman |
| • Emily Crowley | • Marilyn Mitten | • Diane Whiteside |
| • The Rev'd Michael Dresbach | • Judy Moore | • Wilkinson Family |
| • Dale Evans | • Bob Morgan | • Michael Willmore |
| • Richard Dean Evans | • Curtis Morgan | • Fran Youtzy |
| • Deborah and Murray Flagg | • Virginia Muller | • Jose and Kim |
| • Barbara Fuller | • Jean O'Meara | • Jonathan |
| • Martha Greenough | • Jim Pehling | • Sara |
| • Susan Hedges | • Peter Piccione | • Lynn and Drew |
| • Leonard Johnson | • Emeline Pineda | • Betty Anne |

We pray for those awaiting or recovering from surgery:

- Mark Harville • Michael Starkman • Logan Learned • George Hilliard • Alida Pepper

We pray for those who have died:

- Kathleen Ballenger • William McClung • Virginia Thompson • Gary Lindsay

To add a name, change a listing, or share a date of importance on the parish prayer list, please email the Parish Administrator directly at office@stmarksberkeley.org. Be sure to specify which list best suits the need. Please be mindful that this list is meant specifically for parish prayers. The list will be refreshed throughout the year.

WELCOME TO ST. MARK'S EPISCOPAL CHURCH

New to St. Mark's?

Thank you for worshipping with us today. We would love to hear from you. If you have questions, you can contact us at connect@stmarksberkeley.org. If you would like to receive our weekly newsletter and updates, please sign up on our website here: [St. Mark's Newsletter Sign Up](#).

Parish Announcements:

Updating the Parish Directory! I know we have several new and old members that we need to add or edit in the directory. Help our Parish Administrator by emailing her with your info you want published and a picture. Just download, Instant Church Directory in your app store and find St. Mark's Berkeley. Be sure to use your email that is listed in the directory. For questions or help with this process, email office@stmarksberkeley.org.

Public Office Hours

At the time we would normally be in the chapel for the weekday masses -- 12pm on Wednesdays and Fridays -- Fr. Hiller and Fr. Blake will host an hour's worth of "public office hours" for conversation about prayer, faith, or anything else on your minds. Following our usual pattern, Fr. Hiller will take Friday and Fr. Blake will take Wednesday.

Wednesday Link:

<https://us02web.zoom.us/j/88503160112>

(Or visit Zoom's website and use Meeting ID: 885 0316 0112)

Friday Link:

<https://zoom.us/j/756326368>

(Or visit Zoom's website and use Meeting ID 756 326 368)

InAsMuch Offering August: The Suitcase Clinic

First, we want to say thank you for those who helped our August InAsMuch! We raised \$125 for the UC Berkeley Food Pantry. Thank you all for sending checks and donating online!

Staffed primarily by undergraduate students at UC Berkeley and community volunteers, the Suitcase Clinic in Berkeley provides healthcare and social services at four locations in Berkeley. Prior to COVID-19 as many as 40-60 clients received weekly services on Tuesday night at the **General Clinic**, at The First Presbyterian Church between Dana and Haste Streets. Notices are posted outside the General Clinic as services such as optometry, health van, laundry and ear acupuncture are subject to change. **The Women's Clinic** serves women and children, located at LIFE Adventist church at 2236 Parker Street Berkeley. The **Youth /LGBTQ + Clinic** at St. Mark's strives to provide appropriate and culturally accessible services to homeless and street-identified youth in their teens and twenties. Their goal is to increase opportunities for positive physical and social well-being. Massage, foot washes, dinner, needle exchange, and a warm welcome are provided. **Congregation Beth El** at 1301 Oxford Street provides a monthly dinner. Volunteers distribute health supplies and medical attention is provided by the UC San Francisco's Joint Medical Program.

If you would like to learn more about the Suitcase Clinic or offer your services you can reach out to them at www.suitcaseclinic.org. --St. Mark's Social Justice Committee

Events This Week at St. Mark's

| | | | |
|-----------------------------|---|------------------------------|-------------------|
| <i>Sunday, August 9</i> | <i>The Tenth Sunday after Pentecost Matthew 14:22-33</i> | | |
| | 10:00 a.m. | Holy Eucharist, Rite II | Livestream |
| | 11:00 a.m. | Coffee Hour | Zoom |
| <i>Monday, August 10</i> | | | |
| <i>Tuesday, August 11</i> | | | |
| <i>Wednesday, August 12</i> | | | |
| | 12:00 p.m. | Office Hours with Fr. Blake | Zoom |
| <i>Thursday, August 13</i> | | | |
| <i>Friday, August 14</i> | | | |
| | 12:00 p.m. | Office Hours with Fr. Hiller | Zoom |
| <i>Saturday, August 15</i> | <i>St. Mary the Virgin</i> | | |
| | 1:30 p.m. | Hot Meals for the Hungry | Bancroft sidewalk |
| <i>Sunday, August 16</i> | <i>The Eleventh Sunday after Pentecost (Feast of St. Mary the Virgin, Observed)</i> | | |
| | 10:00 a.m. | Holy Eucharist, Rite II | Livestream |
| | 11:00 a.m. | Coffee Hour | Zoom |