

ST. MARK’S EPISCOPAL CHURCH, BERKELEY, CALIF.

The Eleventh Sunday after Pentecost (Proper 14); Year B  
August 8th, 2021; 10:00 a.m.

Welcome to St. Mark’s!

This summer at St. Mark’s we are in a “soft reopening” phase, after the Coronavirus pandemic. We’re so glad to welcome everyone into this sacred space, for the first time since March, 2020! The service remains in a “pared-down” state for the moment, as we adjust to the remaining COVID-safety requirements. Please wear your mask throughout the service, removing it only to make your communions (communion will be administered in one kind only, standing, at the head of the center aisle; once you have received the Host, move to one of the communion stations at the head of either side aisle to remove your mask and consume the Host). All clergy and other worship leaders have been fully vaccinated. If you are worshiping with us by livestream, a very warm welcome to you as well—please be patient with us as we work out the kinks entailed in the new camera position. These summer weeks will be an adjustment for us all, but by God’s grace and your goodwill, we will celebrate this return to public worship with all joy and thanksgiving.

Music in Preparation for Liturgy

Fantasia in G Minor, BWV 542  
Johann Sebastian Bach (1685-1750)

THE HOLY EUCHARIST

Entrance Rite

Entrance Hymn 404

1 We will ex - tol you, ev - er - bless - ed Lord; your ho - ly  
2 Age shall to age pass on the end - less song, tell - ing the  
3 You, Lord, are gra - cious, mer - ci - ful to all, close to your

Name for ev - er be a - dored; each day we live our  
won - ders which to you be - long, your might - y acts with  
chil - dren when on you they call; and slow to an - ger,

psalm to you we raise; you, God and King, are wor - thy of all  
joy and fear re - late; praise we your glo - ry while on you we  
mer - ci - ful and kind, in your com - pas - sion we your bless - ings

praise, great and un - search - a - ble in all your ways.  
wait, glad in the know - ledge of your love so great.  
find. We love you with our heart and strength and mind.

The first stanza may be repeated at the end.

Words: J. Nichol Grieve, alt.; para. of Psalm 145  
Music: Old 124th, melody from Pseaumes octante trois de David, 1551;  
harm. Charles Winfred Douglas (1867-1944)

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Opening Acclamation

Celebrant  
Bless - ed be God: Fa - ther, Son, and Ho - ly Spi - rit.

People  
And blessed be his kingdom, now and for ev - er. A - men.

The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Kyrie eleison

Robert Powell (b. 1932)

Lord, have mer - cy. Christ, have mer - cy. Lord, have mer - cy.

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Gloria in excelsis S-280

Powell

1. Glo - ry to God in the high - est, and  
peace to his peo - ple on earth. 2. Lord God, heaven - ly  
King, al - might - y God and Fa - ther, we wor - ship you, we  
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus  
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you  
take a - way the sin of the world: have mer - cy  
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -

ceive our prayer. 6. For you a - lone are the Ho - ly One,  
you a - lone are the Lord, 7. you a - lone are the Most  
High, Je - sus Christ, with the Ho - ly Spi - rit, in the  
glo - ry of God the Fa - ther. A - men.

The Collect of the Day

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

THE WORD OF GOD

First Lesson

I Kings 19:4-8

Elijah went a day’s journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: “It is enough; now, O Lord, take away my life, for I am no better than my ancestors.” Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, “Get up and eat.” He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the Lord came a second time, touched him, and said, “Get up and eat, otherwise the journey will be too much for you.” He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

Psalm 34:1-8



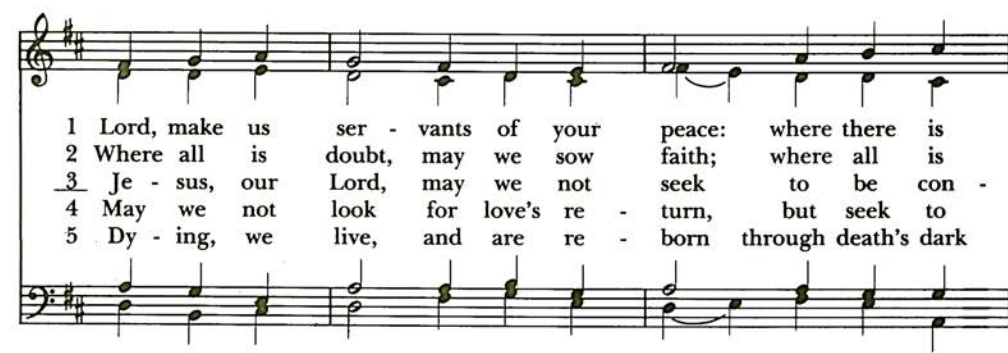
- 1 I will bless the LORD at / all times;\*  
his praise shall ev/er be in my mouth.
- 2 I will glory in the / LORD;\*  
let the humble / hear and rejoice.
- 3 Proclaim with me the greatness of the / LORD;\*  
let us exalt his / Name to/gether.
- 4 I sought the LORD, and he / answered me\*  
and delivered me out of / all my terror.
- 5 Look upon him and be / radiant,\*  
and let not your / faces be ashamed.
- 6 I called in my affliction and the LORD / heard me\*  
and saved me from / all my troubles.
- 7 The angel of the LORD encompasses those who / fear him,\*  
and he / will deliver them.
- 8 Taste and see that the / LORD is good;\*  
happy are / they who trust in him!

Second Lesson

Ephesians 4:25—5:2

Putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

Sequence Hymn 593



**The Holy Gospel**

**John 6:35, 41-51**

¶*The Gospeller introduces the Gospel and the people respond with “Glory to you, Lord Christ”*

Jesus said, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.” Then the Jews began to complain about him because he said, “I am the bread that came down from heaven.” They were saying, “Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, ‘I have come down from heaven’?” Jesus answered them, “Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, ‘And they shall all be taught by God.’ Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh.”

¶*The Gospeller concludes the Gospel and the people respond with “Praise to you, Lord Christ”*

**The Sermon**

The Rev’d Blake Sawicky

**Nicene Creed**

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God, eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshiped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

**Prayers of the People**

Leader: Let us pray for the Church and for the world.  
Leader: Father, we pray for your holy Catholic Church;  
**People: That we all may be one.**  
Leader: Grant that every member of the Church may truly and humbly serve you;  
**People: That your Name may be glorified by all people.**  
Leader: We pray for all bishops, priests, and deacons;  
**People: That they may be faithful ministers of your Word and Sacraments.**  
Leader: We pray for all who govern and hold authority in the nations of the world;  
**People: That there may be justice and peace on the earth.**  
Leader: Give us grace to do your will in all that we undertake;  
**People: That our works may find favor in your sight.**  
Leader: Have compassion on those who suffer from any grief or trouble, especially \_\_\_\_\_.  
**People: That they may be delivered from their distress.**  
Leader: Give to \_\_\_\_\_, and to all the departed, eternal rest;  
**People: Let light perpetual shine upon them.**  
Leader: We praise you for your saints who have entered into joy;  
**People: May we also come to share in your heavenly kingdom.**

*[The People are invited to offer their own petitions]*

¶*The Celebrant will add a concluding Collect, and the congregation responds with “Amen”.*



Celebrant: Let us confess our sins against God and our neighbor.

¶There is silence for a time, then:

**People:** Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**


The Peace

Celebrant: The peace of the Lord be always with you.


**People:** And also with you.

THE HOLY COMMUNION


Offertory Hymn 51



1 We the Lord's peo - ple, heart and voice u - nit - ing, praise him who  
2 This is the Lord's house, home of all his peo - ple, school for the  
3 This is the Lord's day, day of God's own mak - ing, day of cre -  
4 In the Lord's ser - vice bread and wine are of - fered, that Christ may



called us out of sin and dark-ness in - to his own light,  
faith - ful, ref - uge for the sin - ner, rest for the pil - grim,  
a - tion, day of re - sur - rec - tion, day of the Spi - rit,  
take them, bless them, break, and give them to all his peo - ple,



that he might a - noint us a roy - al priest - hood.  
ha - ven for the wea - ry; all find a wel - come.  
sign of hea - ven's ban - quet, day for re - joic - ing.  
his own life im - part - ing, food ev - er - last - ing.

Words: John E. Bowers (b. 1923), alt.  
Music: Decatur Place, Richard Wayne Dirksen (b. 1921)

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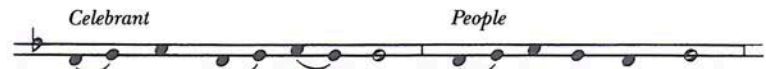
The Great Thanksgiving

Eucharistic Prayer A

BCP, p. 361


Sursum Corda S-120

Celebrant

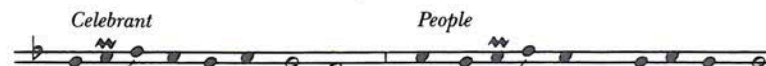


The Lord be with you. And al - so with you.

People




Celebrant

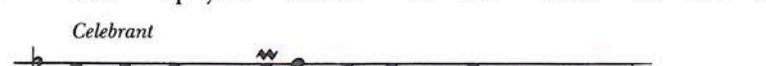


Lift up your hearts. We lift them to the Lord.

People




Celebrant

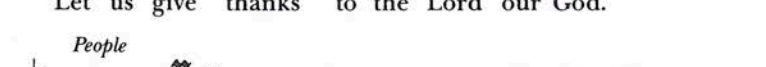


Let us give thanks to the Lord our God.

People



People



It is right to give God thanks and praise.

Celebrant: [...] joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus S-129

Powell

Ho - ly, ho - ly, ho - ly Lord, God of pow-er and  
might, hea - ven and earth are full of your glo - ry. Ho -  
san - na in the high - est. Bless - ed is he who  
comes in the name of the Lord. Ho - san - na in the high - est.

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Celebrant: [...] Therefore we proclaim the mystery of faith:

People: Christ has died. Christ is risen. Christ will come again.

The Celebrant continues [...] through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. Amen.

The Lord’s Prayer S-119

Plainsong

Our Fa - ther, who art in hea - ven, hal - low - ed  
be thy Name, thy king - dom come, thy will be done,  
on earth as it is in hea - ven. Give us this day our  
dai - ly bread. And for - give us our tres - pas - ses,  
as we for - give those who tres - pass a - gainst us. And lead  
us not in - to temp - ta - tion, but de - liv - er us  
from e - vil. For thine is the king - dom, and the power,  
and the glo - ry, for ev - er and ev - er. A - men.

The Breaking of the Bread

Fraction Anthem

Celebrant: Al - le - lu - ia. Christ our Pass - o - ver is sac - ri - ficed for us;  
People: There - fore let us keep the feast. Al - le - lu - ia.

*This setting may be sung full by all, or by the choir, or as a versicle and response.*

Setting: Ambrosian chant; adapt. Mason Martens (b. 1933)

Lamb of God, you take a - way the

sins of the world: have mer - cy on us. Lamb of God, you

take a - way the sins of the world: have mer - cy on us.

Lamb of God, you take a - way the sins of the world: grant us peace.

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Celebrant: Behold the Lamb of God, behold him who takes away the sins of the world.

All: Lord, I am not worthy that you should come under my roof.  
But speak the word only, and my soul shall be healed.

Communion Hymn 339

1 Deck thy - self, my soul, with glad - ness, leave the

2 Sun, who all my life dost bright - en; Light, who

3 Je - sus, Bread of life, I pray thee, let me

gloom-y haunts of sad - ness, come in - to the day-light's

dost my soul en - light - en; Joy, the best that an - y

glad - ly here o - bey thee; nev - er to my hurt in -

splen - dor, there with joy thy prais - es ren - der

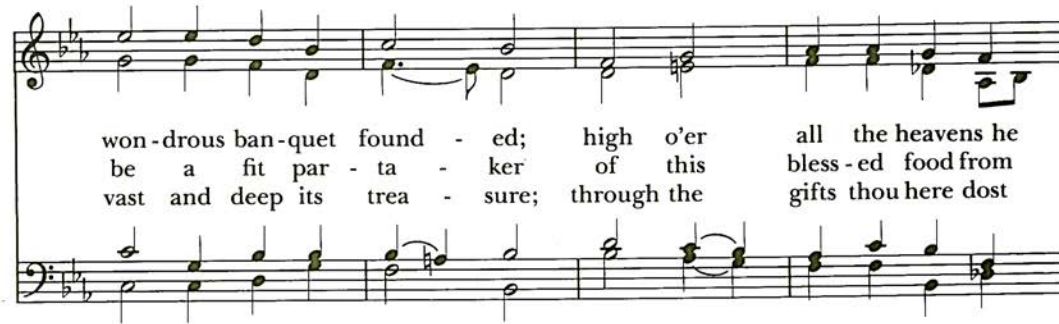
know - eth; Fount, whence all my be - ing flow - eth:

vit - ed, be thy love with love re - quit - ed;

un - to him whose grace un - bound - ed hath this

at thy feet I cry, my Ma - ker, let me

from this ban - quet let me mea - sure, Lord, how



won - drous ban - quet found - ed; high o'er all the heavens he  
 be a fit par - ta - ker of this bless - ed food from  
 vast and deep its trea - sure; through the gifts thou here dost



reign - eth, yet to dwell with thee he deign - eth.  
 hea - ven, for our good, thy glo - ry, giv - en.  
 give me, as thy guest in heaven re - ceive me.

Words: Johann Franck (1618-1677); tr. Catherine Winkworth (1827-1878), alt.  
 Music: *Schmücke dich*, melody Johann Crüger (1598-1662); harm. *The English Hymnal*, 1906 LMD

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**Blessing**

¶ *The Celebrant blesses the people.*

**The Dismissal**

¶ *People respond with "Thanks be to God."*

*[Closing Hymn on following page]*

**Post-Communion Prayer**

All: Almighty and everliving God,  
 we thank you for feeding us with the spiritual food  
 of the most precious Body and Blood  
 of your Son our Savior Jesus Christ;  
 and for assuring us in these holy mysteries  
 that we are living members of the Body of your Son,  
 and heirs of your eternal kingdom.  
 And now, Father, send us out to do the work you have given us to do,  
 to love and serve you as faithful witnesses of Christ our Lord.  
 To him, to you, and to the Holy Spirit,  
 be honor and glory, now and for ever. Amen.



Closing Hymn: “All Who Hunger, Gather Gladly”

Postlude

Fugue in G Minor, BWV 542

Bach



1. All who hun - ger, gath - er glad - ly;  
2. All who hun - ger, nev - er stran - gers;  
3. All who hun - ger, sing to - geth - er;



Ho - ly man - na is our bread. Come from wil - der -  
Seek - er, be a wel - come guest. Come from rest - less -  
Je - sus Christ is liv - ing bread. Come from lone - li -



ness and wan - d'ring. Here, in truth, we will be fed.  
ness and roam - ing. Here, in joy, we keep the feast.  
ness and long - ing. Here, in peace, we have been led.



You that yearn for days of full - ness,  
We that once were lost and scat - tered  
Blest are those who from this ta - ble



All a - round us is our food. Taste and see the  
In com - mun - ion's love have stood. Taste and see the  
Live their days in grat - i - tude. Taste and see the



grace e - ter - nal. Taste and see that God is good.  
grace e - ter - nal. Taste and see that God is good.  
grace e - ter - nal. Taste and see that God is good.

Join us after the service for a virtual coffee hour.  
<https://us02web.zoom.us/j/81224534904?pwd=NXZlQ3laam16OEExaWILWkpIRVZSdz09>  
Meeting ID: 812 2453 4904 / Passcode: 468701 / One tap mobile: +14086380968  
❖  
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Text: Sylvia G. Dunstan, 1955–1993, © 1991, GIA Publications, Inc.  
Tune: HOLY MANNA, 8 7 8 7 D; William Moore, fl.1830; harm. by Charles Anders, b.1929, © 1969, Contemporary Worship I: Hymns

Serving This Week

<i>Celebrant &amp; Preacher</i>	The Rev'd Blake Sawicky
<i>Director of Music &amp; Organist</i>	George Anton Emblom
<i>Voluntary Organist</i>	Yukei Murakami
<i>Verger</i>	Kim Novak
<i>Acolyte</i>	Iris Commins
<i>Lectors</i>	Joseph Lough, Iris Commins
<i>Bidder</i>	Bruce Alexander
<i>Coffee Hour Host</i>	Elaine Parker

Staff & Parish Contact Information

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<i>Childcare Coordinator</i>	Shelby Johnson – <a href="mailto:childcare@stmarksberkeley.org">childcare@stmarksberkeley.org</a>
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<i>Phone</i>	510.848.5107
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<i>Jr. Warden</i>	Sandy Macfarlane – <a href="mailto:juniorwarden@stmarksberkeley.org">juniorwarden@stmarksberkeley.org</a>
<i>Treasurer</i>	Paul Porter– <a href="mailto:treasurer@stmarksberkeley.org">treasurer@stmarksberkeley.org</a>
<i>Clerk</i>	Nancy Evans
	Nicholas Bonamico, Fran Carlson, Iris Commins, Kathi Day, Daniel Lee, Marcia Russell, Margo Strakosch, Anna Weidman, Hildred Yost, Kevin Zamzow-Pollock

To send a general message to the vestry you can email: [vestry@stmarksberkeley.org](mailto:vestry@stmarksberkeley.org)

St. Mark’s Parish Prayer List

**In our Parish:** Parish Staff – Rector, Parish Administrator, Music Director, & Sexton

**Anglican Cycle of Prayer:** The Church of South India (United)

**We pray for peace and justice in the world:**

- *For an end to all prejudice and wrongful discrimination.*
- *For Earth; for the wisdom and commitment to care for it through our practices.*
- *For the people serving in the U.S. Armed Forces, domestically and throughout the world.*
- *For those who find themselves homeless, hungry, and without proper resources.*
- *For refugees everywhere.*

**We pray for those with illness or with other needs:**

- |                              |                                      |                           |
|------------------------------|--------------------------------------|---------------------------|
| • Bill Anderson              | • Everett Kinney                     | • Barbara Renton          |
| • Barbara Borsch             | • Gus Koerber                        | • Cynthia Reynolds        |
| • Cain family                | • Corrie Lassen                      | • Caroline Rone           |
| • Roberta Cleveland          | • Geoff Logan                        | • Lisa Rowe               |
| • Iris Commins               | • Ben Lesser                         | • Virginia Ruff           |
| • Geoffrey Cook              | • Neil McGraw                        | • Kimberly Steil          |
| • Michael Cook               | • Tim Main                           | • Doris Strakosch         |
| • Emily Crowley              | • Karin Milliman                     | • Drew and Lydia Tweedale |
| • Nancy Ditzler              | • Bob Mills                          | • Teresa Vosper           |
| • Tristan Donato             | • Chris, Alice, Ethan & Hailey Moore | • Alice Vest              |
| • Wren Donato                | • Judy Moore                         | • Wayne Weng              |
| • The Rev'd Michael Dresbach | • Curtis Morgan                      | • Louis Weil              |
| • Dale Evans                 | • Virginia Muller                    | • Diane Whiteside         |
| • Elizabeth Falk             | • Jean O'Meara                       | • Wilkinson Family        |
| • Ronald Greene              | • Rob Ooghe                          | • Jamey Williams          |
| • Martha Greenough           | • Jim Pehling                        | • Michael Willmore        |
| • Haverty family             | • Peter Piccione                     | • Karen Wilson            |
| • Holly Herr                 | • Emeline Pineda                     | • Wendy Wisely            |
| • Diana Hilliard             | • Lynn Poland                        | • Fran Youtzy             |
| • Andrew Howarth             | • Lesa Day Reed                      | • Jose and Kim            |
| • Leonard Johnson            |                                      | • Barbara                 |
|                              |                                      | • Laird                   |

**We give thanks for the births of Samuel Anderson Caruthers and Bennett Eliot Caruthers**

**We pray for those awaiting or recovering from surgery:**

- |                |                   |
|----------------|-------------------|
| •Mark Harville | •Michael Starkman |
|----------------|-------------------|

**We pray for those who have died:**

- |              |                  |           |               |
|--------------|------------------|-----------|---------------|
| •Frank Paine | •Robert Sullivan | •Edith Ho | •Janet Morgan |
|--------------|------------------|-----------|---------------|

PARISH ANNOUNCEMENTS

New to St. Mark’s? Thank you for worshipping with us today. We would love to hear from you. If you have questions, you can contact us at [connect@stmarksberkeley.org](mailto:connect@stmarksberkeley.org). If you would like to receive our weekly newsletter and updates, sign up online: [St. Mark’s Newsletter Sign Up](#).

To add a name, change a listing, or share a date of importance on the parish prayer list, please email the Parish Administrator directly at [office@stmarksberkeley.org](mailto:office@stmarksberkeley.org). Be sure to specify which list best suits the need. Please be mindful that this list is meant specifically for parish prayers.

Public Office Hours - At the time we would normally be in the chapel for the weekday masses—12pm on Wednesdays and Fridays—Fr. Hiller and Fr. Blake will host an hour's worth of "public office hours" for conversation about prayer, faith, or anything else on your minds. Following our pattern, Fr. Hiller will take Friday and Fr. Blake will take Wednesday. Check the Lion for links.

InAsMuch Offering for August—The Suitcase Clinic

Coordinated by the Social Justice Committee, St. Mark’s sponsors a monthly InAsMuch offering named after Jesus’ appeal in the Gospel of Matthew to feed the hungry, give drink to the thirsty, welcome the stranger, clothe the naked, care for the sick, and visit those in prison: “In as much as you have done it into one of the least of these . . . you have done it unto me”.

Last month St. Mark’s raised funds for the UC Berkeley Food Pantry. For a full list of the ministries scheduled this year, please see the 2021 calendar published in *The Lion*.

This month we dedicate our offering to **The Suitcase Clinic**, founded twenty years ago by students from the UCB-UCSF Joint Medical Program and the UC Berkeley School of Public Health with the desire to address the urgent needs of Berkeley’s homeless and low-income population. Currently the clinic operates three multi-service drop-in centers: a general clinic, a clinic for woman, and another clinic for youth. The mission of The Suitcase Clinic is to promote the health and overall wellbeing of underserved people through direct services, educational programs, and collective action among professionals, volunteers, students, and neighbors. For more information about The Suitcase Clinic, see [www.suitcaseclinic.org](http://www.suitcaseclinic.org).

To donate to the August appeal for the Suitcase Clinic, please place a check made out to St. Mark’s Episcopal Church (with Suitcase Clinic on the memo line) in the offering plate on Sundays or mail it to the Parish Office at 2300 Bancroft Way, Berkeley, CA, 94704. You may also contribute on line using the parish website <https://stmarksberkeley.org/donate/>. Thank you for your generosity! *The Social Justice Committee of St. Mark’s*.

We thank **Yukei Murakami** for serving as our Voluntary Organist today. Yukei is a scientist in training and musician at heart. He has enjoyed learning piano for twenty years and cello for ten years, during which he participated in various recitals, orchestras, and chamber ensembles. Since 2018, he has been an active member of the University Baroque Ensemble at UC Berkeley as a cellist, where he was also introduced to Viola da Gamba and harpsichord. Ever since he discovered the organ with George Embloom at St.Mark's in early 2020, he has been obsessed with the sound that an organ can make. During his time at Berkeley, he obtained Physics B.A. and Astrophysics B.A., and he is soon joining Johns Hopkins University as a Ph.D. student in Astrophysics.

Weekly Meditation sessions are via Zoom on Tuesdays at 7:00 pm. - We will start by listening to a short teaching related to the meditation process and then we will meditate for 20 - 25 minutes. There will be an opportunity for questions and/or discussion, and the evening will end with Compline. These sessions will be suitable for long-time meditators as well as those who have been thinking about starting a meditation practice. Questions - contact [b\\_koerber@comcast.net](mailto:b_koerber@comcast.net). <https://us02web.zoom.us/j/89607974966?pwd=a1F1K1lOQVZTUit3SCtvZ2ZUzaHpOUT09> Meeting ID: 896 0797 4966 / Passcode: 6043 / One tap mobile: +16699009128

Week at St. Mark’s

<i><b>Sunday, 8 August</b></i>			<i><b>Eleventh Sunday after Pentecost — John 6:35, 41-51</b></i>
8:00 a.m.	Holy Eucharist	Chapel	
10:00 a.m.	Holy Eucharist	Nave & Livestream	
11:00 a.m.	Coffee Hour	Zoom	
<i><b>Monday, 9 August</b></i>			
4:00 p.m.	Suitcase Clinic	Parish Hall	
6:30 p.m.	Facilitator Meeting	TBA	
7:00 p.m.	Luke Bible Study	Zoom	
<i><b>Tuesday, 10 August</b></i>			
5:30 p.m.	Regathering Committee	Zoom	
7:00 p.m.	Meditation and Compline	Zoom	
<i><b>Wednesday, 11 August</b></i>			
12:00 p.m.	Office Hours with Fr. Blake	Zoom	
7:00 p.m.	Choir Rehearsal	TBA	
<i><b>Thursday, 12 August</b></i>			
6:00 p.m.	Vestry Happy Hour	Zoom	
<i><b>Friday, 13 August</b></i>			
12:00 p.m.	Office Hours with Fr. Hiller	Library	
<i><b>Sunday, 15 August</b></i>			
<i><b>Twelfth Sunday after Pentecost / St. Mary the Virgin — Luke 1:46-55</b></i>			
8:00 a.m.	Holy Eucharist	Chapel	
10:00 a.m.	Holy Eucharist	Nave & Livestream	
11:00 a.m.	Coffee Hour	Zoom	

