The Fourth Sunday after Pentecost (Proper 7); Year B June 20th, 2021; 10:00 a.m.

Welcome to St. Mark's!

On these summer Sundays when many are traveling, church is quieter than usual, and life's rhythms slow down a little, you can be sure that God is just as ready to be found in the quiet as in the noise, and that the Holy Spirit continues to hold the world together in love. As you worship here today, my prayer is that you would find rest for your heart, and that Christ would raise you to a clearer vision of his kingdom both on earth and in heaven.

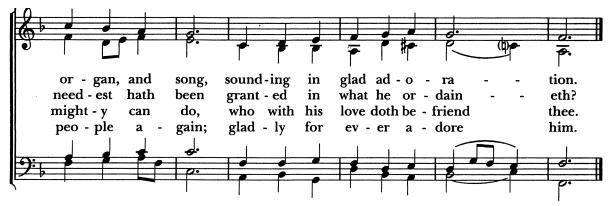
Music in Preparation for Liturgy

THE HOLY EUCHARIST

Setting: A New English Folk Mass by The Rev'd George B. Timms (1910-1997) and E.H. Warrell (1915-2010)

Entrance Rite





Words: Joachim Neander (1650-1680); tr. Hymnal 1940, alt.

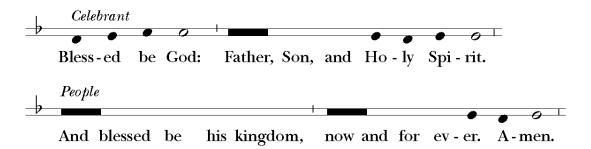
Music: Lobe den Herren, melody from Erneuerten Gesangbuch, 1665;

harm. The Chorale Book for England, 1863; desc. Craig Sellar Lang (1891-1971)

14 14. 478

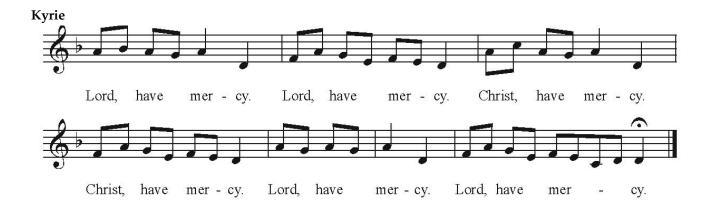
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Opening Acclamation



The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**





The Collect of the Day

O Lord, make us have perpetual love and reverence for your holy Name, for you never fail to help and govern those whom you have set upon the sure foundation of your loving-kindness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen**.

The Word of God

First Lesson

Job 38:1-11

The Lord answered Job out of the whirlwind: "Who is this that darkens counsel by words without knowledge? Gird up your loins like a man, I will question you, and you shall declare to me. "Where were you when I laid the foundation of the earth? Tell me, if you have understanding. Who determined its measurements—surely you know! Or who stretched the line upon it? On what were its bases sunk, or who laid its cornerstone when the morning stars sang together and all the heavenly beings shouted for joy? Or who shut in the sea with doors when it burst out from the womb?— when I made the clouds its garment, and thick darkness its swaddling band, and prescribed bounds for it, and set bars and doors, and said, "Thus far shall you come, and no farther, and here shall your proud waves be stopped'?"



1 Give thanks to the LORD, for / he is good,*

and his mercy en/dures for ever.

2 Let all those whom the LORD has re/deemed proclaim* that he redeemed them from the / hand of the foe.

3 He gathered them out of the / lands;*

from the east and from the west, from the / north and from the south.

23 Some went down to the sea in / ships* and plied their trade / in deep waters;

24 They beheld the works of the / LORD*

and his / wonders in the deep.

25 Then he spoke, and a stormy / wind arose,* which tossed high the / waves of the sea.

26 They mounted up to the heavens and fell back to the / depths;* their hearts melted because / of their peril.

27 They reeled and staggered like / drunkards* and were / at their wits' end.

28 Then they cried to the LORD in their / trouble,* and he delivered / them from their distress.

29 He stilled the storm to a / whisper* and quieted the / waves of the sea.

30 Then were they glad because of the / calm,*

and he brought them to the harbor / they were bound for.

31 Let them give thanks to the LORD for his / mercy* and the wonders he does / for his children.

32 Let them exalt him in the congregation of the / people* and praise him in the council / of the elders.

Second Lesson

2 Corinthians 6:1-13

As we work together with Christ, we urge you also not to accept the grace of God in vain. For he says, "At an acceptable time I have listened to you, and on a day of salvation I have helped you."

See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see-- we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything. We have spoken frankly to you Corinthians; our heart is wide open to you. There is no restriction in our affections, but only in yours. In return-- I speak as to children-- open wide your hearts also.

Sequence Hymn 699 1 Je - sus, Lov of my soul, er let me to thy bos - om O - ther ref have I none, help - less hangs my uge soul \mathbf{on} 3 Plen-teous grace with thee is found, grace to cleanse from ev - ery fly, while the near er wa - ters roll, while the tem - pest still sup thee; ah! a - lone, leave, leave me \mathbf{not} port and sin; let the heal ing streams a - bound, make and keep me still high: hide, is hide 0 Sa me, my vior, com - fort me! Allstayed; my trust onthee is Thou of life the foun - tain pure with in. art, till storm oflife be past; safe the the into all my help fromthee I bring; cov - er de my take of thee: spring thou with free - ly let me up

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The Holy Gospel

Mark 4:35-41

¶The Gospeller introduces the Gospel and the people respond with "Glory to you, Lord Christ" When evening had come, Jesus said to his disciples, "Let us go across to the other side." And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great windstorm arose, and the waves beat into the boat, so that the boat was already being swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him, "Teacher, do you not care that we are perishing?" He woke up and rebuked the wind, and said to the sea, "Peace! Be still!" Then the wind ceased, and there was a dead calm. He said to them, "Why are you afraid? Have you still no faith?" And they were filled with great awe and said to one another, "Who then is this, that even the wind and the sea obey him?"

"The Gospeller concludes the Gospel and the people respond with "Praise to you, Lord Christ"

The Sermon

The Rev'd Kenneth Schmidt

Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.

For us and for our salvation

he came down from heaven: by the power of the Holy Spirit

he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshiped and glorified,

who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

I ask your prayers for God's people throughout the world; for our Bishop(s); for this Leader:

gathering; and for all ministers and people. Pray for the Church.

Leader: I ask your prayers for peace; for goodwill among nations; and for the well-being of all

people. Pray for justice and peace.

I ask your prayers for children everywhere and their parents; and especially for the new Leader:

arrivals in our own community. Pray for the next generation.

Silence

Leader: I ask your prayers for the poor, the sick the hungry, the oppressed, and those in prison, especially ______. Pray for those in any need or trouble.

Silence

Leader: I ask your prayers for the departed, especially _____. Pray for those who have died.

Silence

Leader: Praise God for the saints in every generation in whom Christ has been honored. Pray that we may have grace to glorify Christ in our own day.

Silence

Leader: Let us pray for our own needs and those of others.

[The People are invited to offer their own petitions]

¶The Celebrant will add a concluding Collect, and the congregation responds with "Amen".

Celebrant: Let us confess our sins against God and our neighbor. *¶There is silence for a time, then:*

Inere is stience for a time

Silence

People: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

Amen.

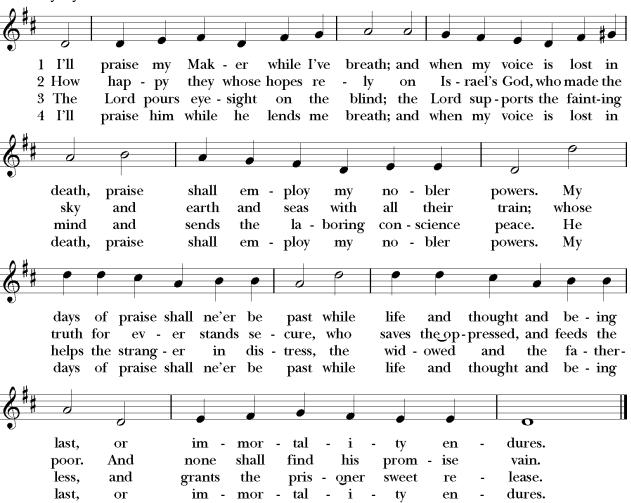
The Peace

Celebrant: The peace of the Lord be always with you.

People: And also with you.

The Holy Communion





Words: Isaac Watts (1674-1748); alt. John Wesley (1703-1791), alt.; para. of Psalm 146. Music: Old 113th, melody from Strassburger Kirchenant, 1525; harm. Vicar Earle Copes (b. 1921) Copyright ©1964, Abingdon Press. All rights reserved. Used with permission.

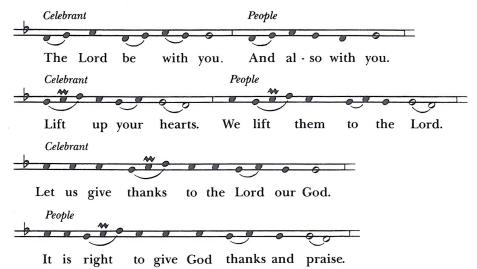
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The Great Thanksgiving

Eucharistic Prayer A

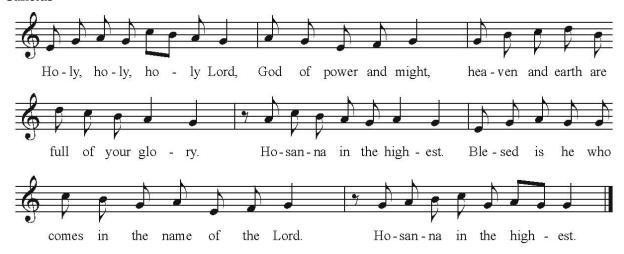
BCP, p. 361

Sursum Corda S-120



Celebrant: [...] joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus



Celebrant: [...] Therefore we proclaim the mystery of faith: **People:**

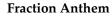


The Celebrant continues [...] through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.





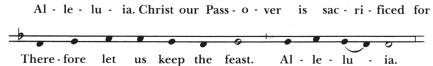
The Breaking of the Bread



Celebrant:

Celebrani.

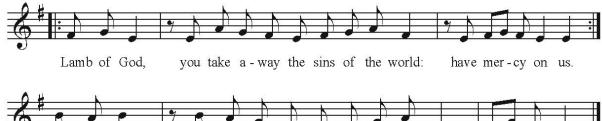
People:



This setting may be sung full by all, or by the choir, or as a versicle and response.

Setting: Ambrosian chant; adapt. Mason Martens (b. 1933)





a - way the sins of the world:

grant

us peace.

Celebrant: Behold the Lamb of God, behold him who takes away the sins of the world.

All: Lord, I am not worthy that you should come under my roof. But speak the word only, and my soul shall be healed.

you take

A Form for Spiritual Communion

Lamb of God,

In times like these where it is imprudent or impossible for all to receive Holy Communion, it is still possible to make an act of spiritual communion. The following devotion can be made at any time when you are prevented from being present at the Eucharist, but we encourage you to use it during these weeks of live-streamed services especially, at the time while communion is being administered and the ablutions performed. This form comes from a book of devotion, "The Habit of Holiness," by Martin Warner.

Make an Act of Spiritual Communion to unite your intention with that of the whole Church: Lord Jesus Christ,

saving Victim, Priest divine,

in union with the faithful at every altar of your Church

where your body and blood are offered to the Father,

I make an oblation of praise and thanksgiving.

I believe that you are truly present in the Eucharist.

To you I offer my soul, my body, and my life.

Come to my heart, embrace me with your love.

Conform my will to the pattern of your perfect obedience,

so that loving all that you love, I may never be separated from you,

but live to the glory of God. Amen.

Pray the Lord's Prayer:

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Meditate on the soul's mystical union with Christ; the 14th c. poem, 'Anima Christi':

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, inebriate me.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

Within thy wounds hide me.

Suffer me not to be separated from thee.

From the malicious enemy defend me.

In the hour of my death, call me

and bid me come to thee,

That with thy saints I may praise thee

For ever and ever.

Offer a prayer of thanksgiving; this is one by St. Richard of Chichester:

Thanks be to thee, my Lord Jesus Christ,

for all the benefits thou hast won for me,

for all the pains and insults thou hast borne for me.

O most merciful redeemer, friend and brother,

may I know thee more clearly, love thee more dearly, and follow thee more nearly, day by day. Amen.

The Grace

+The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all, evermore. Amen.



Post-Communion Prayer

All: Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now, Father, send us out to do the work you have given us to do,
to love and serve you as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.

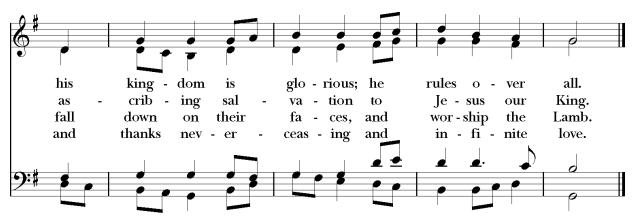
Blessing

¶The Celebrant blesses the people.

The Dismissal

¶People respond with "Thanks be to God."





Words: Charles Wesley (1707-1788), alt.

Music: Paderborn, melody from Catolisch-Paderbornisches Gesang-buch, 1765; harm. Sydney Hugo Nicholson (1875-1947)

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Postlude

Join us after the service for a virtual coffee hour.

https://us02web.zoom.us/j/81224534904?pwd=NXZJQ3laam16OEExaWILWkpIRVZSdz09 Meeting ID: 812 2453 4904 / Passcode: 468701 / One tap mobile: +14086380968

Staff & Parish Contact Information

Rector Director of Music Parish Administrator Childcare Coordinator Phone Website The Rev'd Blake Sawicky- priest@stmarksberkeley.org George Anton Emblom - music@stmarksberkeley.org Toni Clark Murdock - office@stmarksberkeley.org Shelby Johnson - childcare@stmarksberkeley.org Joel Contreras 510.848.5107 www.stmarksberkeley.org

Vestry

Sr. Warden Jr. Warden Treasurer Clerk Judith Berling – seniorwarden@stmarksberkeley.org Sandy Macfarlane – juniorwarden@stmarksberkeley.org Paul Porter– treasurer@stmarksberkeley.org Nancy Evans

Nicholas Bonamico, Fran Carlson, Iris Commins, Kathi Day, Daniel Lee, Marcia Russell, Margo Strakosch, Anna Weidman, Hildred Yost, Kevin Zamzow-Pollock

To send a general message to the vestry you can email: vestry@stmarksberkeley.org

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St. Mark's Parish Prayer List

In our Parish: Liturgical Ministries - Acolytes, Vergers, Crucifers, Bidders, Readers, Eucharistic Ministers, Altar Guild, Flower Guild, & Worship Committee

Anglican Cycle of Prayer: Pray for the Church of North India (United)

We pray for peace and justice in the world:

- For an end to all prejudice and wrongful discrimination.
- For Earth; for the wisdom and commitment to care for it through our practices.
- For the people serving in the U.S. Armed Forces, domestically and throughout the world.
- For those who find themselves homeless, hungry, and without proper resources.
- For refugees everywhere.

We pray for those with illness or with other needs:

- Bill Anderson
- Barbara Borsch
- Cain family
- Roberta Cleveland
- Iris Commins
- Geoffrey Cook
- Michael Cook
- Emily Crowley
- Nancy Ditzler
- Tristan Donato
- Wren Donato
- The Rev'd Michael Dresbach Virginia Muller
- Dale Evans
- Elizabeth Falk
- Ronald Greene
- Martha Greenough
- Haverty family
- Holly Herr
- Diana Hilliard
- Andrew Howarth
- Leonard Johnson

- Everett Kinney
- Gus Koerber
- Corrie Lassen
- Ben Lesser
- Neil McGraw
- Tim Main
- Karin Milliman
- Bob Mills
- Chris, Alice, Ethan & Hailey Moore
- Judy Moore
- Curtis Morgan
- Jean O'Meara
- Rob Ooghe
- Frank Paine
- Jim Pehling
- Peter Piccione
- Emeline Pineda
- Lunn Poland
- Lesa Day Reed

- Barbara Renton
- Cynthia Reynolds
- Caroline Rone
- Lisa Rowe
- Virginia Ruff
- Doris Strakosch
- Drew and Lydia Tweedale
- Teresa Vosper
- Alice Vest
- Wayne Weng
- Diane Whiteside
- Wilkinson Family
- Jamey Williams
- Michael Willmore
- Karen Wilson
- Wendy Wisely
- Fran Youtzy
- *Iose and Kim*
- Barbara
- Laird

We pray for those awaiting or recovering from surgery:

• Mark Harville • Michael Starkman

We pray for those who have died:

PARISH ANNOUNCEMENTS

New to St. Mark's? Thank you for worshipping with us today. We would love to hear from you. If you have questions, you can contact us at connect@stmarksberkeley.org. If you would like to receive our weekly newsletter and updates, sign up online: St. Mark's Newsletter Sign Up.

To <u>add a name</u>, <u>change a listing</u>, or <u>share a date of importance</u> on the parish prayer list, please email the Parish Administrator directly at office@stmarksberkeley.org. Be sure to specify which list best suits the need. Please be mindful that this list is meant specifically for parish prayers.

Public Office Hours - At the time we would normally be in the chapel for the weekday masses -- 12pm on Wednesdays and Fridays -- Fr. Hiller and Fr. Blake will host an hour's worth of "public office hours" for conversation about prayer, faith, or anything else on your minds. Following our pattern, Fr. Hiller will take Friday and Fr. Blake will take Wednesday. Check the Lion for links.

June InAsMuch Offering for Berkeley Food and Housing Project (BFHP)

Coordinated by the Social Justice Committee, St Mark's sponsors a monthly InAsMuch Offering named after Jesus' challenge in the Gospel of Matthew to feed the hungry, give drink to the thirsty, welcome the stranger, clothe the naked, take care of the sick, and visit those in prison: "Inasmuch as you have done it unto one of the least of these . . . you have done it unto me."

The people of the Berkeley Food and Housing Project work to make homelessness less harsh, with the ultimate goal of ending homelessness in our communities. They do this by "providing emergency food and shelter, transitional housing, rapid rehousing and permanent supportive housing with support services to individuals and families experiencing homelessness."

Their roots go back to 1970 when volunteers from the University Lutheran Chapel started The Meal Project, which was renamed Berkeley Emergency Life Line in 1972. In 1986 they incorporated, becoming the Berkeley Emergency Food Project, and got permission to use the basement of the Veteran's Memorial building in downtown Berkeley as a men's shelter. In 1991 they got use of 2140 Dwight Way for a women's and children's shelter, providing 24 month transitional housing and case management for severely mentally ill women. They now have a variety of buildings and staff to provide their services to our community, and helped almost 3,000 people in the 2019-2020 fiscal year. They are one of the largest service providers for the homeless in the East Bay, and roughly ten percent of their funding comes from donations. Thank you for supporting this important community organization!

To donate to the June Offering for the Berkeley Food and Housing Project, send a check (made out to St. Mark's Episcopal Church, with BFHP on the memo line) to the office at 2300 Bancroft Way, Berkeley, CA 94704 or go online to https://stmarksberkely.org/donate/. THANK YOU!

Come and play bridge with The Bridge Group this Wednesday from 3-5 PM in Lion Hall. We play a fairly simple form of Goren. Marcia Russell has made a one page summary to help newcomers. We welcome both beginners as well as more experienced players. The gate is locked so call either Marcia (510 414 7700) or June (510 541 8533).

The View from Saint Luke - Join us as we follow the ministry and teaching of Jesus in the Gospel of Luke. We're in the middle of the Sermon on the Plain. Should you have any questions, please contact Fr. Hiller at priestly@batnet.com. The link for every Monday evening at 7:00 is: https://us02web.zoom.us/j/89767873221?pwd=Ti9vT3VRVk5JOUIERXZzSjlGK0syQT09.

Weekly Meditation sessions are via Zoom on Tuesdays at 7:00 pm. - We will start by listening to a short teaching related to the meditation process and then we will meditate for 20 - 25 minutes. There will be an opportunity for questions and/or discussion, and the evening will end with Compline. These sessions will be suitable for long-time meditators as well as those who have been thinking about starting a meditation practice. Questions - contact <u>b_koerber@comcast.net</u>.

https://us02web.zoom.us/j/89607974966?pwd=a1F1K1lOQVZTUit3SCtvZ2UzaHpOUT09

Meeting ID: 896 0797 4966 / Passcode: 6043 / One tap mobile: +16699009128

Week at St. Mark's

| <u>Sunday, June 20</u> | Fourth Sunday after Pentecost - Mark 4:3. | 5 -41 |
|------------------------|---|----------------------|
| 8:00 a.m. | "In-person" Holy Eucharist | Patio |
| 10:00 a.m. | "In-person" Holy Eucharist | Nave & Livestream |
| 11:00 a.m. | Coffee Hour | Zoom |
| Monday, June 21 | | |
| | Suitcase Clinic | Parish Hall |
| | Luke Bible Study | Zoom |
| Tuesday, June 22 | | |
| | Meditation and Compline | Zoom |
| Wednesday, June 23 | | |
| 12:00 p.m. | Office Hours with Fr. Blake | Zoom |
| 3:00 p.m. | Bridge Group | Lion's Hall |
| Thursday, June 24 | Nativity of St. John, the Baptist | |
| | Vestry Check-in | Zoom |
| Friday, June 25 | | |
| 12:00 p.m. | Office Hours with Fr. Hiller | Zoom |
| Saturday, June 26 | | |
| Sunday, June 27 | Fifth Sunday after Pentecost - Mark 5:21-4 | 13 |
| 8:00 a.m. | "In-person" Holy Eucharist *You must sign up to attend this service* | Patio |
| 10:00 a.m. | "In-person" Holy Eucharist | Nave & Livestream |
| 11:00 a.m. | Coffee Hour | Zoom |