ST. MARK'S EPISCOPAL CHURCH, BERKELEY, CA First Sunday of Advent; Year B November 29th, 2020; 10:00 a.m. - Livestream

Welcome to St. Mark's!

From ancient time the Church has observed an extended period of preparation before each of its two greatest feasts: Easter, with the forty days of Lent; and Christ's Nativity, with the four weeks (formerly forty days) of Advent. In each of these seasons of preparation, Christians spend time taking stock of the world around them, of their own hearts, and of the central promises and convictions of the faith. Advent, with its twin focus on the beginning and the end, invites us to a particularly open-eyed perspective: the familiar characters of John the Baptist, the prophet Isaiah, Mary and Joseph and their Baby, together with the familiar patterns of holiday music, shopping, and loved ones, meet the strange and unfamiliar themes of darkness and impending doom, the intuition that something is not quite right and needs mending, the conviction that God is coming to bring justice but that such justice will render us disoriented and without recourse to the old reference points. This year even the familiar patterns take on a strange new light: shopping and family gatherings, where they are permitted at all, carry the danger of infection and are attended by grief over those we have loved and lost. We keep our eyes open to take in as much of this disharmony as we can, while the uneasy tension between the familiar and the unfamiliar points us to the central mystery: the Word of God was born a baby, that we might know God not by words alone but by love, with all the risk and sacrifice love entails, with all its possibility and creative potential. At St. Mark's this Advent, we invite you to join us in our preparation to receive that baby: join us as we read again the great prophecies of Scripture, as we sing the Advent hymns of expectation and longing, as we spend time in prayer and meditation, service and worship. So might our hearts be fit to bear that Love which Mary bore, who bears us all till his kingdom come.

Music in Preparation for Liturgy

Wachet auf (Hymn 62)

J.S. Bach (1685-1750)

THE HOLY EUCHARIST

Entrance Rite

The Great Litany S 67

BCP pg. 148

The Officiant at the Litany may be a lay cantor.

ī	Officiant	People
- >		
	O God the Father, Creator of heaven and	l earth, Have mer-cy up-on us.
	Officiant	People
⇒		
	O God the Son, Redeemer of the w	orld, Have mer-cy up-on us.
	Officiant	People
Þ		
	O God the Holy Ghost, Sanctifier of the	faith - ful, Have mer - cy up - on us.
ī	Officiant	People
Þ		
	O holy, blessed, and glorious Trinity, one	God, Have mer-cy up-on us.

Officiant

Remember not, Lord Christ, our offenses, nor the offenses of our forefathers; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy



Litanist: We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way,

People	
P We b	eseech thee to hear us, good Lord.
Litanist: All:	That it may please thee to illumine all bishops, priests, and deacons, with true knowledge and understanding of thy Word; and that both by their preaching and living, they may set it forth, and show it accordingly, We beseech thee to hear us, good Lord.
Litanist: All:	That it may please thee to bless and keep all thy people, We beseech thee to hear us, good Lord.
Litanist: All:	That it may please thee to send forth laborers into thy harvest, and to draw all mankind into thy kingdom, We beseech thee to hear us, good Lord.
Litanist: All:	That it may please thee to give to all people increase of grace to hear and receive thy Word, and to bring forth the fruits of the Spirit, We beseech thee to hear us, good Lord.
Litanist: All:	That it may please thee to bring into the way of truth all such as have erred, and are deceived, We beseech thee to hear us, good Lord.
Litanist: All:	That it may please thee to give us a heart to love and fear thee, and diligently to live after thy commandments, We beseech thee to hear us, good Lord.
Litanist: All:	That it may please thee so to rule the hearts of thy servants, the President of the United States (<i>or</i> of this nation), and all others in authority, that they may do justice, and love mercy, and walk in the ways of truth, We beseech thee to hear us, good Lord.
Litanist: All:	That it may please thee to make wars to cease in all the world; to give to all nations unity, peace, and concord; and to bestow freedom upon all peoples, We beseech thee to hear us, good Lord.
Litanist: All:	That it may please thee to show thy pity upon all prisoners and captives, the homeless and the hungry, and all who are desolate and oppressed, We beseech thee to hear us, good Lord.
Litanist: All:	That it may please thee to give and preserve to our use the bountiful fruits of the earth, so that in due time all may enjoy them, We beseech thee to hear us, good Lord.

Litanist: That it may please thee to inspire us, in our several callings, to do the work which thou givest us to do with singleness of heart as thy servants, and for the common good,

or their travel,All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to preserve, and provide for young children and orphans, the widowed, and all w torn by strife,All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to visit the lonely; to strength body, and spirit; and to comfort with thy presence infirm,All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to support, help, and comfor necessity, and tribulation,All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to have mercy upon all mankind, Me beseech thee to hear us, good Lord.Litanist:That it may please thee to give us true repentance; negligences, and ignorances; and to endue us with the amend our lives according to thy holy Word,All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to forgive our enemies, persect to turn their hearts,All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to strengthen such as do stan weak-hearted; to raise up those who fall; and finally our feet,All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to grant to all the faithful depa We beseech thee to hear us, good Lord.	h .	Peop	le						•				
Litanist:That it may please thee to preserve all who are in dang or their travel,All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to preserve, and provide for young children and orphans, the widowed, and all w torn by strife,All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to visit the lonely; to strength body, and spirit; and to comfort with thy presence to infirm,All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to support, help, and comfor necessity, and tribulation,All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to have mercy upon all mankind, All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to give us true repentance; negligences, and ignorances; and to endue us with the amend our lives according to thy holy Word,All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to forgive our enemies, persect to turn their hearts,All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to strengthen such as do stand weak-hearted; to raise up those who fall; and finally our feet,All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to grant to all the faithful depa All:Litanist:That it may please thee to grant to all the faithful depa All:Litanist:That it may please thee to grant that, in the fellowship saints, we may attain to thy heavenly kingdom,		We	beseech	1 thee	to	hear	• us,	good	Lord.	 ,			
 Litanist: That it may please thee to preserve, and provide for, young children and orphans, the widowed, and all wittorn by strife, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to visit the lonely; to strengthe body, and spirit; and to comfort with thy presence to infirm, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to support, help, and comfor necessity, and tribulation, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to have mercy upon all mankind, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to give us true repentance; the negligences, and ignorances; and to endue us with the marend our lives according to thy holy Word, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to forgive our enemies, persect to turn their hearts, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to strengthen such as do stand weak-hearted; to raise up those who fall; and finally to our feet, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to grant to all the faithful departed. Litanist: That it may please thee to grant to all the faithful departed. Litanist: That it may please thee to grant to all the faithful departed. Litanist: That it may please thee to grant that, in the fellowship saints, we may attain to thy heavenly kingdom, 		ist:	or tł	neir trav	vel,		-) are	e in da	ing	er b
 young children and orphans, the widowed, and all w torn by strife, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to visit the lonely; to strength body, and spirit; and to comfort with thy presence infirm, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to support, help, and comfor necessity, and tribulation, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to have mercy upon all mankind, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to give us true repentance; negligences, and ignorances; and to endue us with the amend our lives according to thy holy Word, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to forgive our enemies, persection turn their hearts, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to strengthen such as do stan weak-hearted; to raise up those who fall; and finally our feet, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to grant to all the faithful depa All: We beseech thee to hear us, good Lord. 	All:		We	beseech	thee	to hear	us, g	ood Lo	rd.				
Litanist:That it may please thee to visit the lonely; to strengthe body, and spirit; and to comfort with thy presence the infirm,All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to support, help, and comfor necessity, and tribulation,All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to have mercy upon all mankind, Me beseech thee to hear us, good Lord.Litanist:That it may please thee to give us true repentance; t negligences, and ignorances; and to endue us with the g amend our lives according to thy holy Word,All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to forgive our enemies, persect 		ist:	you torn	ng chilc ı by strif	dren a e,	and orp	ohans,	the w	idowed				
body, and spirit; and to comfort with thy presence the infirm,All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to support, help, and comfor necessity, and tribulation,All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to have mercy upon all mankind, All:All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to give us true repentance; to negligences, and ignorances; and to endue us with the gramend our lives according to thy holy Word,All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to forgive our enemies, persect to turn their hearts,All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to strengthen such as do stand weak-hearted; to raise up those who fall; and finally to our feet,All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to grant to all the faithful depar Me beseech thee to hear us, good Lord.Litanist:That it may please thee to grant to all the faithful depar Me beseech thee to hear us, good Lord.Litanist:That it may please thee to grant that, in the fellowship of 		• .					-					.1	
 Litanist: That it may please thee to support, help, and comfort necessity, and tribulation, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to have mercy upon all mankind, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to give us true repentance; to negligences, and ignorances; and to endue us with the g amend our lives according to thy holy Word, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to forgive our enemies, persecuto to turn their hearts, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to strengthen such as do stand; weak-hearted; to raise up those who fall; and finally to our feet, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to grant to all the faithful depart All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to grant that, in the fellowship o saints, we may attain to thy heavenly kingdom, 		ist:	bod infir	y, and m,	spirit	; and f	o cor	nfort w	vith thy				
All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to have mercy upon all mankind, All:Litanist:That it may please thee to give us true repentance; to negligences, and ignorances; and to endue us with the g amend our lives according to thy holy Word,All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to forgive our enemies, persecu 							0						
 All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to have mercy upon all mankind, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to give us true repentance; to negligences, and ignorances; and to endue us with the gramend our lives according to thy holy Word, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to forgive our enemies, persecut to turn their hearts, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to strengthen such as do stand; weak-hearted; to raise up those who fall; and finally to our feet, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to grant to all the faithful departed we beseech thee to hear us, good Lord. Litanist: That it may please thee to grant to all the faithful departed we beseech thee to hear us, good Lord. Litanist: That it may please thee to grant that, in the fellowship of saints, we may attain to thy heavenly kingdom, 	Litani	ist:						suppor	t, help,	, and	d com	ufort	а
 All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to give us true repentance; to negligences, and ignorances; and to endue us with the gramend our lives according to thy holy Word, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to forgive our enemies, persecut to turn their hearts, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to strengthen such as do stand; weak-hearted; to raise up those who fall; and finally to our feet, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to grant to all the faithful departed and the seech thee to hear us, good Lord. Litanist: That it may please thee to grant that, in the fellowship of saints, we may attain to thy heavenly kingdom, 	All:							ood Lo	rd.				
negligences, and ignorances; and to endue us with the gra amend our lives according to thy holy Word,All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to forgive our enemies, persecute to turn their hearts,All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to strengthen such as do stand; weak-hearted; to raise up those who fall; and finally to our feet,All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to grant to all the faithful departe We beseech thee to hear us, good Lord.Litanist:That it may please thee to grant to all the faithful departe We beseech thee to hear us, good Lord.Litanist:That it may please thee to grant that, in the fellowship of saints, we may attain to thy heavenly kingdom,		ist:								all m	nankin	ıd,	
 Litanist: That it may please thee to forgive our enemies, persecutor to turn their hearts, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to strengthen such as do stand; to weak-hearted; to raise up those who fall; and finally to our feet, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to grant to all the faithful departer All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to grant to all the faithful departer All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to grant that, in the fellowship of saints, we may attain to thy heavenly kingdom, 		ist:	negl ame	ligences end our	, and lives a	ignora accordi	nces; in ng to t	and to hy holy	endue 7 Word	us w			
 to turn their hearts, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to strengthen such as do stand; to weak-hearted; to raise up those who fall; and finally to our feet, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to grant to all the faithful departed All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to grant to all the faithful departed Statistical Statistica							0						
 All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to strengthen such as do stand; t weak-hearted; to raise up those who fall; and finally to hour feet, All: We beseech thee to hear us, good Lord. Litanist: That it may please thee to grant to all the faithful departed We beseech thee to hear us, good Lord. Litanist: That it may please thee to grant that, in the fellowship of saints, we may attain to thy heavenly kingdom, 	Litani	ist:					e to fo	orgive o	our ene	emies	s, pers	secuto	1
weak-hearted; to raise up those who fall; and finally to bour feet,All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to grant to all the faithful departedAll:We beseech thee to hear us, good Lord.Litanist:That it may please thee to grant that, in the fellowship of [saints, we may attain to thy heavenly kingdom,	All:						us, g	ood Lo	rd.				
All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to grant to all the faithful departed We beseech thee to hear us, good Lord.Litanist:That it may please thee to grant that, in the fellowship of [saints, we may attain to thy heavenly kingdom,	Litani	ist:	wea	k-hearte									
All:We beseech thee to hear us, good Lord.Litanist:That it may please thee to grant that, in the fellowship of [_ saints, we may attain to thy heavenly kingdom,	All:				n thee	to hear	us, g	ood Lo	rd.				
saints, we may attain to thy heavenly kingdom,		ist:								faithf	ful dep	parted	
	Litani	ist:									lowshi	ip of [_	
	All:)m,			



The Collect of the Day

Almighty God, give us grace to cast away the works of darkness, and put on the armor of light, now in the time of this mortal life in which your Son Jesus Christ came to visit us in great humility; that in the last day, when he shall come again in his glorious majesty to judge both the living and the dead, we may rise to the life immortal; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Word of God Isaiah 64:1-9

First Lesson

O that you would tear open the heavens and come down, so that the mountains would quake at your presence--as when fire kindles brushwood and the fire causes water to boil--to make your name known to your adversaries, so that the nations might tremble at your presence! When you did awesome deeds that we did not expect, you came down, the mountains quaked at your presence. From ages past no one has heard, no ear has perceived, no eye has seen any God besides you, who works for those who wait for him. You meet those who gladly do right, those who remember you in your ways. But you were angry, and we sinned; because you hid yourself we transgressed. We have all become like one who is unclean, and all our righteous deeds are like a filthy cloth. We all fade like a leaf, and our iniquities, like the wind, take us away. There is no one who calls on your name, or attempts to take hold of you; for you have hidden your face from us, and have delivered us into the hand of our iniquity. Yet, O LORD, you are our Father; we are the clay, and you are our potter; we are all the work of your hand. Do not be exceedingly angry, O LORD, and do not remember iniquity forever. Now consider, we are all your people.

Psalm 80:1-7, 16-18

Qui regis Israel



Second Lesson

1 Corinthians 1:3-9

Grace to you and peace from God our Father and the Lord Jesus Christ. I give thanks to my God always for you because of the grace of God that has been given you in Christ Jesus, for in every way you have been enriched in him, in speech and knowledge of every kind-- just as the testimony of Christ has been strengthened among you-- so that you are not lacking in any spiritual gift as you wait for the revealing of our Lord Jesus Christ. He will also strengthen you to the end, so that you may be blameless on the day of our Lord Jesus Christ. God is faithful; by him you were called into the fellowship of his Son, Jesus Christ our Lord.

Sequence Hymn 59



Words: Latin, ca. 6th cent.; tr. Hymns Ancient and Modern, 1861, alt. Music: Merton, William Henry Monk (1823-1889); desc. Alan Gray (1855-1935) Copyright © by permission of Cambridge University Press. All rights reserved. Used with permission.

Reprinted under OneLicense.net #A-706487

The Holy Gospel

Mark 13:24-37

"The Gospeller introduces the Gospel and the people respond with "Glory to you, Lord Christ."

Jesus said, "In those days, after that suffering, the sun will be darkened, and the moon will not give its light, and the stars will be falling from heaven, and the powers in the heavens will be shaken. Then they will see 'the Son of Man coming in clouds' with great power and glory. Then he will send out the angels, and gather his elect from the four winds, from the ends of the earth to the ends of heaven. From the fig tree learn its lesson: as soon as its branch becomes tender and puts forth its leaves, you know that summer is near. So also, when you see these things taking place, you know that he is near, at the very gates. Truly I tell you, this generation will not pass away until all these things have taken place. Heaven and earth will pass away, but my words will not pass away. But about that day or hour no one knows, neither the angels in heaven, nor the Son, but only the Father. Beware, keep alert; for you do not know when the time will come. It is like a man going on a journey, when he leaves home and puts his slaves in charge, each with his work, and commands the doorkeeper to be on the watch. Therefore, keep awake—for you do not know when the master of the house will come, in the evening, or at midnight, or at cockcrow, or at dawn, or else he may find you asleep when he comes suddenly. And what I say to you I say to all: Keep awake." *"The Gospeller concludes the Gospel and the people respond with "Praise to you, Lord Christ."*

The Sermon

The Rev'd Jim Stickney

The Nicene Creed All: We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. who with the Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Peace

Celebrant: The peace of the Lord be always with you.

People: And also with you.

The Holy Communion

Offertory Hymn 62 "Sleep - ers, wake!" the shout of ram-part 1 Α voice a - stounds us, 2 Zi - on hears the watch - men sing ing; her heart with joy - ful 3 Lamb of God, the heavens a - dore you; let saints and an - gels θ a - rise!" guards sur-rounds "A - wake, Je - ru - sa - lem, us: hope is spring ing, she wakes and hur - ries through the night. sing be - fore harps and cym - bals swell the sound. you, as Mid - night's peace their cry has \mathbf{bro} ken, their ur - gent sum-mons Forth he comes, her Bride-groom glo rious in strength of grace, in \mathbf{por} Twelve great pearls, the ci - ty's tals: through them we stream to clear - ly spo - ken: "The time has come, 0 maid - ens wise! truth vic - to - rious: her star is risen, her light grows bright. join the im - mor - tals your throne sur - round. as we with joy 9 Rise up, and give us light; the Bride - groom is in sight. Now come, most wor - thy Lord, God's Son, In - car - nate Word, has known the sight, heard such de - light: No eye no ear 0 Al - le - lu ia! Your lamps pre - pare and has - ten there, Al - le - lu ia! We fol - low all and heed your call Al - le - lu -There - fore ia! we sing to greet our King; Ð you share." that the wed ding feast may the ban hall. to come in to quet prais for ev let our ring. er es

Words: Philipp Nicolai (1556-1608); tr. Carl P. Daw, Jr. (b. 1944) Copyright ©1982, Carl P. Daw, Jr. All rights reserved. Used with permission. Music: Wachet auf, melody Hans Sachs (1494-1576); adapt Philipp Nicolai (1556-1608); harm. Jakob Praetorius (1586-1651)

Reprinted under OneLicense.net #A-706487

The Great Thanksgiving

Eucharistic Prayer B

BCP p. 367

Sursum Corda S-120



Celebrant: [...] Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



Reprinted under OneLicense.net #A-706487

Celebrant: [...] Therefore according to his command, O Father, **People: We remember his death, we proclaim his resurrection, we await his coming in glory.**

The Celebrant continues [...] By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



Music: Missa Emmanuel, Richard Proulx, © 1991, 2002, GIA Publications, Inc.

Reprinted under OneLicense.net #A-706487

The Lord's Prayer S-119



The Breaking of the Bread



Agnus Dei

Veni Emmanuel arr. George Emblom, 2017



Reprinted under OneLicense.net #A-706487

Celebrant: Behold the Lamb of God, behold him who takes away the sins of the world. All: Lord, I am not worthy that you should come under my roof. But speak the word only, and my soul shall be healed.

A Form for Spiritual Communion

In times like these where it is imprudent or impossible for all to receive Holy Communion, it is still possible to make an act of spiritual communion. The following devotion can be made at any time when you are prevented from being present at the Eucharist, but we encourage you to use it during these weeks of live-streamed services especially, at the time while communion is being administered and the ablutions performed. This form comes from a book of devotion, "The Habit of Holiness," by Martin Warner.

Make an Act of Spiritual Communion to unite your intention with that of the whole Church:

Lord Jesus Christ, saving Victim, Priest divine, in union with the faithful at every altar of your Church where your body and blood are offered to the Father, I make an oblation of praise and thanksgiving. I believe that you are truly present in the Eucharist. To you I offer my soul, my body, and my life. Come to my heart, embrace me with your love. Conform my will to the pattern of your perfect obedience, so that loving all that you love, I may never be separated from you, but live to the glory of God. Amen.

Pray the Lord's Prayer:

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Meditate on the soul's mystical union with Christ; 14th c. poem, 'Anima Christi' is a good place to start: Soul of Christ, sanctify me. Body of Christ, save me. Blood of Christ, inebriate me. Water from the side of Christ, wash me. Passion of Christ, strengthen me. Within thy wounds hide me. Suffer me not to be separated from thee. From the malicious enemy defend me. In the hour of my death, call me and bid me come to thee, That with thy saints I may praise thee For ever and ever.
Offer a prayer of thanksgiving; this is one by St. Richard of Chichester:

Thanks be to thee, my Lord Jesus Christ, for all the benefits thou hast won for me, for all the pains and insults thou hast borne for me. O most merciful redeemer, friend and brother, may I know thee more clearly, love thee more dearly, and follow thee more nearly, day by day. Amen.

The Grace

+The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all, evermore. Amen.

Communion Hymn 63

Ð			•	•	•	•		•
J	•	-					_	
1	0	heaven	- ly	Word,	e	- ter -	nal	Light,
2 <u>3</u>	pour	light	up	- on	us	from	a -	bove,
	_and	when,	as	judge,	thou	draw -	est	nigh
4	0	let	us	not,	for	е -	vil	past,
5	То	God	the	Fa	- ther,	God	the	Son,
0-								
5			•	•	•		•	0
Ĵ						-		
1	be -	got -	ten	of	the	Fa	- ther's	might,
2	and	fire	our	hearts	with	ar	- dent	love,
3	_the	se -	crets	of	our	hearts	to	try,
4	be	driv -	en	from	thy	face	at	last,
5	and	God	the	Spi -	rit,	ev	- er	One,
2 7	•	•	•	•		••	•	
ט י	1	•	.1					
1	who	in	these	lat -	ter	days	wast	born
2 3	that,	as	we	hear	thy	truth	to	- day,
<u>3</u>	_ to	rec -	om -	pense	each	hid	- den	sin
			thu	saints	for	ev	- er	- more
	but	with	thy					
	but praise,	1	or,	might,	and	glo	- ry	be
4 5					and	glo	- ry	
								be
5 9 9			• or,		and	glo	- ry	
5 9 9 1	praise,	hon ·		might,	and •	glo •	- ry	0
5 9 9	praise,	hon • bless	- or, - ing	might,	and • a	glo • world burn	- ry for -	lorn; way;
5 9 9 1 2	praise, for all	hon • bless wrong	- or, - ing de	might, to - sires	and e a may	glo • world	- ry for - a -	lorn;

Words: Latin, ca. 7th cent.; tr. Hymnal 1982 Copyright @ The Church Pension Fund. Music: Verbum supernum prodiens, plainsong, Mode 2, Nevers MS., 13th cent,; acc. Howard Don Smith (b. 1932) Copyright ©1984, Howard Don Smith. All rights reserved. Used with permission.

Reprinted under OneLicense.net #A-706487

Post-Communion Prayer

All: Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit,

be honor and glory, now and for ever. Amen.

Advent Blessing

Celebrant: Christ the Sun of Righteousness shine upon you, scatter the darkness from before your path, and make you ready to meet him when he comes in glory; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you always. Amen.

The DismissalCelebrant:Let us go forth in the name of Christ.People:Thanks be to God.

Closing Hymn 57



Words: Charles Wesley (1707-1788) Music: Helmsley, melody Augustine Arne (1710-1778); harm. Ralph Vaughan Williams (1872-1958), alt. Reprinted under OneLicense.net #A-706487

Postlude

Präludium und Fuga in e minor, BuxWV 143

Dietrich Buxtehude (c. 1637-1707)

All are invited to join us for virtual coffee hour via Zoom.

https://us02web.zoom.us/j/81224534904?pwd=NXZJQ3laam16OEExaWILWkpIRVZSdz09 Dial in +1 669 900 9128 / Meeting ID: 812 2453 4904 / Password: 468701

Permission to podcast/stream the music in this service obtained from One License with license #A-706487

The Blue Advent Vestments

Made of raw silk, all the pieces were designed and sewn by Marjorie Pettyjohn, Head of our Altar Guild. The set consists of a chasuble, three priest stoles, one Byzantine deacon stole, maniple, altar frontal, pulpit fall, lectern hangings, and two burse and matching veil sets, one large and one small.

Deborah Falk designed and hand-painted on white silk the panels, 32 in all, as orphreys, bands of fabric decorating the various pieces. The designs, one of lilies, one of roses, portray flower symbols of purity, attributes of the Virgin Mary. The lily panels decorate the vestments worn by the clergy, and the rose panels all the others.

The set was presented and blessed on the First Sunday of Advent, November 29, 1998.

The set of blue vestments for the season of Advent were given to St. Mark's by: Deborah Falk – in loving memory of her mother, Judith Elizabeth Strohm Bond



	Otuli				
Rector					
Assisting Priests	The Rev'd Michael Hiller, The Rev'd Louis Weil,				
	The Rev'd Jim Stickney, The Rev'd Kenneth Schmidt				
Director of Music	George Anton Emblom – music@stmarksberkeley.org				
Parish Administrator	Toni Clark Murdock – office@stmarksberkeley.org				
Childcare Coordinator	Shelby Johnson – childcare@stmarksberkeley.org				
UC Berkeley Episcopal Chaplain	Tom Poynor – calcanterbury@gmail.com				
Sexton	Joel Contreras				
Vestry					

Sr. Warden	Lisa Key – seniorwarden@stmarksberkeley.org
Jr. Warden	Paul Porter – juniorwarden@stmarksberkeley.org
Treasurer	treasurer@stmarksberkeley.org
Clerk	Nancy Evans
	Judith Berling, Fran Carlson, Iris Commins, Kathi Day,
	Joseph Lough, Nathan Oliver, Marcia Russell, Margo
	Strakosch, Änna Weidman, Kevin Zamzow-Pollock
nal magaza to	the matter way can an ail mater attraction and charles and

To send a general message to the vestry you can email: vestry@stmarksberkeley.org

Parish Office Contact InformationEmailoffice@stmarksberkeley.org.Phone510.848.5107Websitewww.stmarksberkeley.org

Staff

St. Mark's Parish Prayer List

In our Parish: Adult Formation Ministries – Forums, Teachers, Presenters, Sacred Ground							
Anglican Cycle of Prayer: Pray for the Lusitanian Church							
• For the people serving in the U.S		hroughout the world.					
We pray for those with illness • Sean Aaberg • Bill Anderson • Jeannie Battagin • Christy Blessing • Barbara Borsch • Brian Brende • Cain family • Rosemary Campos • Geoff Chin • Roberta Cleveland • Geoffrey Cook • Michael Cook • Emily Crowley • Wren Donato • The Rev'd Michael Dresbach • Dale Evans • Richard Dean Evans • Deborah and Murray Flagg • Barbara Fuller • Martha Greenough • Tokie Ishiguro • Andrew Howarth	or with other needs: • Leonard Johnson • Betty Key • Barbara Renton • Everett Kinney • Anthony (Sandy) Knettel • Gus Koerber • Ann Lack • Corrie Lassen • Ben Lesser • Louise Lindsay • Joan Ludlam • Neil McGraw • Tim Main • Bob Mills • Rita Minjares • Judy Moore • Bob Morgan • Curtis Morgan • Virginia Muller • Jean O'Meara • Jim Pehling • Peter Piccione • Emeline Pineda • Cindy Pierce	 Lesa Day Reed Cynthia Reynolds Eileen Rice Caroline Rone Lisa Rowe Virginia Ruff Doris Strakosch Paul Strid Teresa Vosper Alice Vest Jane Weidman Diane Whiteside Wilkinson Family Jamey Williams Michael Willmore Fran Youtzy Jose and Kim Jonathan Sara Lynn and Drew Betty Anne Barbara The Haverty family Chloe Allman and family John 					
We pray for those awaiting or•Mark Harville•Michael Stark							
•Wendy Wisely •Evelyn Larsen	•Margo Wesley						
We pray for those who have died:• Berny Cabral• Robert Cabrera• Dennis Eimoto							

To <u>add a name</u>, <u>change a listing</u>, or <u>share a date of importance</u> on the parish prayer list</u>, please email the Parish Administrator directly at office@stmarksberkeley.org. Be sure to specify which list best suits the need. Please be mindful that this list is meant specifically for parish prayers. The list will be refreshed throughout the year.

PARISH ANNOUNCEMENTS

Public Office Hours

At the time we would normally be in the chapel for the weekday masses -- 12pm on Wednesdays and Fridays -- Fr. Hiller and Fr. Blake will host an hour's worth of "public office hours" for conversation about prayer, faith, or anything else on your minds. Following our usual pattern, Fr. Hiller will take Friday and Fr. Blake will take Wednesday. Check out the Lion for links.

Thank you to those who have made their 2021 pledge!

Thank you to everyone who has pledged so far! Your support is always appreciated! If you haven't pledged yet, remember you can pledge online or Download a pledge card, then fill it out and email it to office@stmarksberkeley.org or mail it to 2300 Bancroft Way, Berkeley, CA, 94704. More information can be for in our Weekly Lion.

Parish Conversations on Racial Justice

Our Sacred Ground program is underway! We are grateful to our many leaders, facilitators, and participants for helping us undertake the important work of listening, learning, and understanding our history of systemic racism -- even in the church. We meet every 2nd Thursday at 6:30PM, unless you need to join our non-Thursday group. It's not too late to join, even now. Please just reach out to Toni or Fr. Blake if you'd like to sign up.

November InAsMuch Offering for Hot Meals Ministry of St. Mark's Episcopal Church

The monthly InAsMuch Offering at St. Mark's is named after Jesus' challenge in the Gospel of Matthew to give drink to the thirsty, clothe the naked, take care of the sick, and visit those in prison: "Inasmuch as you have done it unto one of the least of these ... you have done it unto me."

If you wish to donate to the November InAsMuch Appeal for Hot Meals send a check (made out to St. Mark's Episcopal Church, Hot Meals as the memo) to the Parish Office at 2300 Bancroft Way, Berkeley, CA 94704 or use our website <u>https://stmarksberkeley.org/donate/</u> THANK YOU for your generosity! - *The Social Justice Committee of St. Mark's*

The View from Luke is a Bible study series led by Fr. Michael Hiller that will be on Monday evening at 7PM on Zoom. The series will look at the entire Gospel of Luke, pericope by pericope, week by week. Should you have any question about the series, or the materials, please contact Fr. Hiller at <u>priestly@batnet.com</u>. Here is the link:

https://us02web.zoom.us/j/89767873221?pwd=Ti9vT3VRVk5JOUIERXZzSjlGK0syQT09

Weekly Meditation sessions have resumed via Zoom on Tuesdays at 7:00 pm.

We will start by listening to a short teaching related to the meditation process and then we will meditate for 20 - 25 minutes. There will be an opportunity for questions and/or discussion, and the evening will end with Compline. These sessions will be suitable for long-time meditators as well as those who have been thinking about starting a meditation practice. For questions - Barbara Koerber (<u>b_koerber@comcast.net</u>). <u>https://us02web.zoom.us/j/88973398054?pwd=Y2lmbkNOZVZkeFJWY1IJc0JIY09IZz09</u> Meeting ID: 889 7339 8054 / Passcode: 830970 / One tap mobile: +16699006833

MUSIC ANNOUNCEMENTS

You are cordially invited to attend the Second Sunday Evensong/Organ Recital Series sponsored by St. Mark's, Berkeley, on Sunday, December 13. Evensong will be offered at 3:00 p.m. via Zoom, followed by an organ recital offered by Christopher Keady at 4:00 p.m. via Livestream. The Zoom reception will follow the organ recital, approximately at 4:50 p.m.

<u>Sunday, November 29</u>	First Sunday of Advent – Mark 13:24-37				
10:00 a.m.	Holy Eucharist, Rite II	Livestream			
11:00 a.m.	Coffee Hour	Zoom			
<u>Monday, November 30</u>	St. Andrew, Apostle				
7:00 p.m.	Luke Bible Study	Zoom			
<u>Tuesday, December 1</u>					
5:30 p.m.	Regathering Committee	Zoom			
7:00 p.m.	Meditation and Compline	Zoom			
<u>Wednesday, December 2</u>					
12:00 p.m.	Office Hours with Fr. Blake	Zoom			
7:00 p.m.	Choir Gathering	Zoom			
<u>Thursday, December 3</u>					
5:00 p.m.	Stewardship Committee	Zoom			
6:00 p.m.	Vestry Check-in	Zoom			
<u>Friday, December 4</u>					
12:00 p.m.	Office Hours with Fr. Hiller	Zoom			
<u>Saturday, December 5</u>					
		1.1.0			
Sunday, December 6	Second Sunday of Advent – Mark				
	Holy Eucharist, Rite II	Livestream			
11:00 a.m.	Coffee Hour	Zoom			

Events This Week at St. Mark's